

# **Reformation of the Way of Living**

**Awakening of the Human  
Perspective**

**By Shifu Yoshimura**

For human beings, Life does not mean just to stay alive long.

For human beings, Life means what you use yours for,

or how you make the most of yours,

so that means you make the most of your life depends on what you devote yours too.

Therefore, Life means to devote one's life wholly to something.

The highest joy of living comes from what you encounter an objective that is worth your life to devote to.

When you come across with such moment, you would feel truly fulfilled with all your sensibility and be excited gorgeously from the bottom of your heart.

What do you devote your life to?

What can you die for?

To answer these questions is to live a Life, and it will become your life.

Notes by Shifu

## Introduction

We are now in an era of transition of world civilization have shifted from the west to the east. This is one of the external factors that constitute the current, great transition of the era. On the other hand, internal factors can also be found in this contemporary transition where the mind principle has shifted from the so-called “the era of reason” in modern times to the next new “the era of “sensibility”. The era calls upon us by saying, “Change dramatically or make dramatic change!” Human perspective has changed drastically from a time when “reason” was at the center of human nature to a new era, where the nature of the human being lies in “sensibility”.

Humans are now facing the second “spiritual twilight era in mankind’s history. Humans experienced “awakening of the mind” for the first time around 6 or 5 B.C.. In Greece, Socrates, Plato and Aristotle had created the founding of Western philosophy. In the Middle East, Jesus Christ and his disciples spread Christianity and in India thinkers like Buddha and the 6 non-Buddhist masters were active.

In China Lao Tzu, Confucius and Hundred Schools of Thought emerged in the period so-called Contention of a Hundred Schools of Thought.

Since then, two to three thousand years have passed and now mankind is anticipating the creation of a new spiritual civilization. In the 21<sup>st</sup> century, an era of a second spiritual awakening for humankind has finally come, just as Karl Jaspers (1883 - 1969) insisted had occurred in his 1949 book, “The Origin and Goal of History” where he describes the (second) Axial Age.

Today, we are living in an age of upheaval fundamental reform in all areas; therefore, I declare that in all fields we have reached “the time one should leave ancient thoughts” and start asking ourselves fundamental questions like “What makes oneself?” or “What constitutes human beings?” These challenges revolutionize our understanding of self and allow us to ask fundamental questions about human existence once again. This is the fundamental idea that established almost 40 years ago, when I was 28 years old. The book “Awakening of human perspective is the new version of the book, the World of “*The Sensibility based Philosophy*” published in 1976. The new book has been published as a summary of additional studies and comments.

As the history of mankind started with the thought of dualistic theory that was based on the concept; “combination of mind and body made human”. Furthermore, it had long been believed that it was “reason” that controlled and ruled over instinct or desire. As a result, humans acknowledged that “living rationally” was the right way to live. However, Sigmund Freud was the first person that pointed out this as a misconception. Freud explained that repression in humans, which originates from reason, destroys human feelings and can become the cause of various diseases. He explained this theoretically. He said “In humans there is two idea of “self” one is “reason” and another is “self” as “sensibility”. These two types of thoughts are obviously Self Dissociated Perspective. “Self” only exists as one.

Furthermore, following reason's orders means being a slave to reason. To live as humans, "reason" needs to be controlled and manipulated. But humans should never be controlled and manipulated by reason itself. If humans are controlled by "reason," there won't be any humanistic joy in life. Rather, you would feel life increasingly constrictive and have no space for realizing freedom. Man must not live by following reason's will. In order for humans to live in freedom and lead a blissful life just like humans can, we must live properly according to the way humanity tells us. What does "properly" mean from humanity's point of view? I believe it means living in a way suitable humans—a way created for humans by providence.

Human happiness comes from the feeling that they can do whatever they want. If they cannot do what they want, humans feel unfortunate. So if you wish to do what you want entirely, you have to avoid other's interference. Once you cause others any trouble, you will be hindered by them and unable to do what you want. Therefore, we humans need to use reason as an instrument to figure out what to avoid from others any trouble. If you think up a way not to cause others trouble, using reason, you will naturally be considerate to them. This will make your mind grow, and it will make the person more considerate or hospitable to others. Then it will gradually lead to gain sociability. This is, I presume, the "proper way of living" for humans.

When the person is controlled by reason all the time, and believes he/she is doing the right thing following the reason's order, and when someone who gets on their way of what he/she wants to do, then he/she will regard the person as nuisance and thus find himself/herself in conflict with the other and cannot be considerate to others. As a result, the persons become self-centered, antisocial, and egocentric ones.

In order to live well as a human, neither the reason should become slave to its desire, nor desire to be controlled by reason. The important thing is to make a humanistic mind, and to live in humane way possible, and to let desire and reason work organically and cooperatively. Living organisms have been created according to the universal providence, have each element which constitutes the whole working organically and cooperatively, coexisting as a synergetic effect. Thus, reason and desire conflict in the living organism will destroy the organic matter of the living and weaken the surrounding living energy, which in turn and can become evil and sinful. In this sense, I exclaim the dualistic human perspective, where a conflicting relationship between reason and desire reside, is the wrong perspective and does not fit in the workings of universe. To allow this dualistic human perspective to remain unchanged ends up establishing philosophical sin to humans. This book elucidates the ideas of a new human perspective, which follows the workings of the universe and stems from the idea of monism.

In *The Sensibility based Philosophy*, what "self" denotes actually refers to "sensibility," and it should not be thought of as reason.

Further, I believe sensibility permeates the universe and is the true nature of human beings, the true nature of life and is the ultimate existence in the universe. Because this "sensibility" is seen as the basic principle to understand and explain everything, I call my philosophy, *The Sensibility*

*based Philosophy.*

In this book, I explain the completely new idea of “*sensibility*” as the true nature of humans. Based on this idea, the book presents new examples of how people should live their lives. The ultimate purpose of *The Sensibility based Philosophy* is to facilitate the evolution of human nature globally. By evolving human nature one step higher, imperfect human beings can coexist and support each other. I sincerely pray for the peaceful, wonderful world to realize as soon as possible. Currently, endless conflicts are over people demanding rights in the antiquated democratic society.

I believe that the evolution of humanity and reformation in the way of living are the basic requirements to build a new social system of mutual respect. To realize the evolution of humanity and improving human perspective is the fundamental task for philosophy. I would be grateful if you could refer to this new way of living, as it's explained in this book. I'm more than happy if the readers of this book choose to live their life happily.

This is the second edition of *Life Reformation: An Awakening of Perspective in Human Nature* published in 2001. Publication of the book was made possible by answering many of those who requested for the reprint. In publishing this book, I would like to express my sincere gratitude to Hideaki Fujio, the chief executive of Chichi publishing company, Mariko Yanagisawa, the chief of the editorial department, Masato, Takai, of printing department for their considerable support and efforts in publishing this book. I appreciate all those who supported in publishing this book.

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An Awakening of perspective in human nature

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## **Chapter One: Post-modern Principles**

Today, we are being exposed to the great transitions of the era. Now, everyone notices that the various phenomena happening in front of us have never been experienced on such wide scale. However, these transitions are actually larger scale than we had previously thought. This is not hyperbole, but rather “dramatic” changes. This needs to be understood, first of all. So, how dramatic have these transitions been? These transitions are not considered to have happened during a relatively short span of several hundred years, but more like a ten thousand or hundred thousand years span. In addition, the root of such change can be observed in simultaneous phenomena occurring over a several thousand-year span. On top of that, some phenomena have occurred in several hundred-year spans as well, making three layers of changes working in the world. I want to touch on those three-layered transitions beforehand.

### **Three transitions over tens of thousands of years span**

What lies at the very bottom of today’s dramatic change, which has been happening over tens of thousands of years span? It can be summarized largely by three transitions.

#### **Transition from Earth age to Space age**

The first transition was the transition from Earth age to Space age. Until 20<sup>th</sup> century, mankind was only able to view space from the earth. However, advanced rocket technology in the 20<sup>th</sup> century made mankind possible to gain a totally new perspective by viewing Earth from Space. This change has been more significant than we thought because when our consciousness shifted, our sense of values shifted as well. This influenced the way people see things and how they are very much. This means we have the ability to not only look at Space from earth but also look at Earth from space for the first time. Consequently, the thinking that “the earth is one” becomes the shared consciousness among all mankind. This new way of thinking has somehow influenced us and raised our way of life and the way people work to a revolutionary level.

#### **Transition from vertical society to flat society**

The second change was the transition from a vertical society to flat society. Until today, tens of thousands of years have passed with the vertical society where some humans ruled over other humans. However, since the Philippine War for Independence in 1899, the structure of humans ruling over other humans began to change. The Independence war in the Philippines, a war that a colony fought against an imperialist country, was a trigger for future rebellions. This war marked the beginning of the collapse of a bureaucratic political structure. Also, the male-female relationship has changed. After entering into the 20 century, the feminist movement

burgeoned and the structure of men ruling over women changed. From then on, women sought equality. Thus the movement was clearly seen. Considering such structural change from the vertical society to the horizontal society, the way people live or company's management need to be changed accordingly. Otherwise, it will not be possible for us to build society which young people and future generations can accept.

### **Transition from “law of the jungle” to “the survival of the fittest”**

The third change was a transition from the “law of the jungle” to “the survival of the fittest” principle. That is to say, there has been a shift from the competition to creation principle. The motivation with a competitive mind or intention of overwhelming others to find joy of work is not suitable for the future society with a harmonious coexistence. That is not the kind of consciousness that accommodates the new age. Competition is evil and sinful. Humans behaving with a competitive mindset are nothing but a slice of ugliness. Already in reality, the world is moving in the direction of anti-competition. No matter how many people insist “Competition! Competition! Competition!” the reality expressed as competition itself has changed. Categorizing people as winners and losers came from the mindset of heavy competition. However, the company coming out on the so-called “winners-side” did not actually join any competition and win. Rather, they are winning over others with their original idea. In other words, they survived the new era because their idea fit for the time. The time of “winners” and “losers” ended a long time ago.

Today, from a biological point of view it has been said that the principle of “law of the jungle” does not exist as the basic principle in the evolution of life. It has been said that evolution could be possible with the principle of “the survival of the fittest”. It is such a fundamental change that we could even call it “revolutionary change”. Based on the change in academia, human consciousness and human behavior need to be altered. In the social structure of humans, dramatic change in the law of natural providence i.e. from “law of the jungle” to “survival of the fittest” brought the dramatic change in human consciousness i.e. “from competition to creation”. Therefore, in order to survive in the coming age, you need to enhance your creativity rather than focus on the aspect of competition. Without possessing the “spirit of developing an original trend,” it will not be possible to survive, grow and develop.

### **The Transitions are Irreversible**

The three transitions involving a change in principle mentioned earlier, from earth age to space age, from vertical society to flat society and from law of the jungle to survival of the fittest, occurred over a ten thousand-year time span. They are big changes and have an irreversible momentum. Thus, it is important to judge based on the principles explained above and implement the reformation. Otherwise, business will not prosper and people

will spend an unfulfilling life. Bear in mind that success, victory and happiness will be ushered, when following those principles.

### **Three Transitions Over Some Thousands Year Time Span**

At present there have been simultaneous transitions in several thousand-year and tens of thousand year spans. These changes can be summarized in the following three ways.

#### **Transition from Reason to Sensibility Principle**

The first transition was a shift from the principle of reason to the principle of sensibility. Ancient Greek philosophers created the word *nous* to express the principle of pure thought and this generated the word reason. After the word came into existence, people became able to conceptualize reason and the mind capability, in modern times, the reason ability developed rapidly. In the mid 19<sup>th</sup> century, circumstances occurred where the faculty of reason and its potential became full appearance. As a result, no new principles stemmed from the reason ability. When this situation happened, an existentialism that criticizes of reason emerged in the philosophy world. Since then, humans have been searching for a new principle that serves as an alternative to reason. Then a new, alternative principle was “sensibility”. It was Sigmund Freud’s “Depth psychology” which depicted most simply the change from the principle of reason to the principle of sensibility. If you look at the current situation, it is clear that when a person who is controlled by reason tries to behave following the principle of reason, conflicts will naturally come about and the person’s humanity and health will be destroyed. Furthermore, it will lead to the destruction of culture and civilization. Freud analyzed such basic problem from psychiatric point of view. When naturally-born instinct, desire, interests, curiosity become controlled by reason, people would feel stress and that gradually results in a nervous breakdown, then to hysteria and it is even possible to trigger various psychopathologic or psychiatric reactions. Freud showed us such mental structures exist within humans. Generally speaking, all human sicknesses are triggered from such structures. Reason’s control over sensibility can cause diseases in civilization such as psychogenic cancer. Humanity will be destroyed if reason reigns over appetite or desire as well. This happens because of the two kinds of consciousness: “Self as reason” and “Self as sensibility” which build up our personality structure. These split structures constitute the source of self-disintegration, formally schizophrenia and dissociation of personality. Today, such problems attract attention in the media through split personality-related crimes. However, humans have always had the dualistic human perspective and concept that “there is me as reason” and “there is me as sensibility”. Important thing is to justify and where to put the consciousness’ basis “There aren’t two people in me. There is only one as me.” It is a very important task to overcome the problem of dualistic human perspective. Despite that knowledge, no other philosophy except *A view of Sensibility Philosophy* have not yet found the answer to overcoming the dualistic human perspective or what principle primordially integrates mind and body. In *The Sensibility based Philosophy*, it is thought

to be the principle of sensibility. It is sensibility that constitutes mind and body, and it is sensibility that primordially has control over body and mind. With having such a human perspective, it clearly sets up the principle that gives us the true human feeling of “there is only one as a me” for the first time. In modern age, people built a history of humans as an expression of reason, nature as an expression of reason and even society as an expression of reason. Everything was rationalized. This trend has been the case since the term *nous* was born in the times of ancient Greek. Above all, in modern times, our reason ability advanced in rapidly. We could say this is one of the big characteristics of modern era. However, we have begun to feel it wrong to rationalize everything. Because we misunderstand nature as a rational force, that causes the destruction of nature and the environment. Instead, nature actually telling us that nature is not the rational existence. If you want to know definitely that nature is an irrational force, think of life, in general. Life is nature itself. Its existence is not thought as rational, and it has a feature that cannot be explained as rational. As humans, the more we understand nature rationally, the more it will be destroyed. This is because we look at nature with a distorted perspective. In the field of natural science, people have begun to think similar way. Based on the branch of physics quantum mechanics, scientists and mathematicians have started to think nature does not exist with fixed rules or fixed format. Nature’s ultimate essence is *fluctuation* and *chaos*. This means nature does not exist within the workings of rules, but it exists by searching and creating the rules at the same time. Science has started to foresee the revolution of perspective in nature. Not only in the field of natural science, but in politics and economics, people have begun to think it is meaningless to judge everything lawfully or rationally. Contemporary economics cannot accommodate the change at the present date. Politics today cannot accommodate the change at the present date. Reason is working destructive against civilization and culture. In fact, it is moving in the direction of destroying culture and civilization. The reason ability cannot lead the upcoming era. The principle that makes up the era finally can be a destroying principle of the age. The very reason that helped develop modern times will be the one that destroys modern times. Why is it possible to declare such a statement? To understand that, we need to know how principle of the spirit was born and then declined overtime. For example, the Middle Ages marked the time when power of religion or faith controlled over humans without any explanation or theory. This lasted more than a thousand years. However, when humans were controlled by unreasonable power, a desire for rational and logical order emerged. This is the same psychological movement, as when we knew something did not make sense, so we would fight back with developing our own theory. During the Middle Ages humans were controlled by irrational, illogical power. As a result, the desire for reason appeared and modern times started. But modern times became the age of humans being controlled and ruled by the power of reason. Henceforth, reason has controlled and pressured humans; thus, in reaction to that, just as reason was a reaction to the Middle Ages, an anti-reasoning principle has awakened. Following this train of thought, you will know it is time for the age of sensibility. By looking at how the spiritual history has been constructed, naturally, it is clear that the age of sensibility will come for next several thousands years. All the phenomena happening worldwide in

politics, culture, economics, and crime are instances of sensibility in defiance of reason's control. If you look at things in their true nature and with a historical perspective, you will be able to see the era of integration. This is what has been happening with the current flow from the principle of reason to the principle of sensibility.

## **Transition from Local civilization to Global civilization**

The second transition that has been occurring over thousands of years is the flow of transition from Local civilization to Global civilization. Until the 20<sup>th</sup> century, four great Local civilizations developed and each had a history. However, through the experiences of two big world wars during the 20<sup>th</sup> century, the world became integrated. As just mentioned before, this can be attributed to the same unification in the transition from earth age to space age, happening over tens of thousands year time span. Regional civilization was assimilated, and the whole earth is in the process of transforming into the one civilized zone. As a result of this transition, in each field, integrating phenomena can be observed. In the field of medicine, western medicine and eastern medicine combined to form holistic medicine. Also, in the fields of communication, academia and politics, integration and unifications have been observed in many cases. Those are happening in the current transformation of history and those happen irrelevant direction. Therefore, we need to rethink and change human consciousness, in reflection of these transitions.

## **Transition from dualistic human perspective to monist human perspective**

The third transition is the transition from dualistic human perspective to monist human perspective. A dualistic Human perspective, i.e. "Humans consist of a combination between mind and body" has continuously existed from the establishment of primitive religions to now. However, the 20<sup>th</sup> century marked a turning point and it began to change. Dualism is well known in modern times as Cartesian dualism. This is actually the modern interpretation of dualism theorized by Plato, an ancient Greek philosopher. For a long time, mankind has attempted to understand "humans" in a dualistic perspective of humans, "Humans are the result of a combination between psychological properties and physical properties." However, as civilization entered the 20<sup>th</sup> century, trends in thoughts began to change from dualistic, mechanical perspective of humans to organic, vitality feeling-based human perspective. This idea came from body theory that "Mind and body are one." Body theory is based on the idea that "Body is visible mind. Mind is invisible body". Both mind and body exist as one and live as organic living matter. Basically, the above idea cannot be understood from a mechanistic view of life. This means that people decided to understand life from a monist point of view. This way of thinking was right. Unfortunately, body theory was not be able to find the principle to integrate mind and body fundamentally. Finally, as *The Sensibility based Philosophy* emerged, the fact of what we call "Me" as an entity of sensibility was demonstrated. According to *The Sensibility based Philosophy*, "the true nature of humans is nothing other

than sensibility” The true nature of life, they believe, is also sensibility. In addition, ultimate existence of space is sensibility as well. So-called “sensibility” is the ultimate principle that penetrates all humans, all life and all space. Furthermore, they think, “sensibility creates mind, sensibility creates body.” Based on this idea, a totally new monistic human perspective appeared. The above three transitions, i.e. “from principle of reason to principle of sensibility”, “regional civilization to world civilization”, “dualistic point of human perspective to monistic perspective of humans” is happening now. And these are the transitions that have occurred over some thousand-year span.

### **Three transitions over some hundred-years span**

Not only these transitions have been occurring every tens of thousand years, or every thousand years, but also other transitions have been occurring every several hundred years at the same time. Today is such an era, a time of simultaneous transition spreading. If you generalize the main characteristics of those transitions over several hundred years, it can be pointed out transitions of the direction of “anti-modernization.” To this day, mankind has experienced two major transitional periods. The first transitional period was from the age of the Greeks to the Romans. This was the transition from the Ancient times to the Middle Ages. By the location being transferred from Greece to Rome, it moved in the direction of a “post-ancient era.” The second transitional period was the Renaissance. It created change in the direction of “post-middle ages” and made the modern era. And now we are facing the third transitional period. In this period, there is the tendency of change the direction of “post-modern.” In other words, various events that have been happening are leading us to the breakdown of the worldview and change the valuation of modernization. If you think of the third transitional period as we are experiencing it today as anti modern, then how can it be demonstrated more concretely as phenomena? I'd like to look at it in more detail.

### **Transitional change from party politics to non-party politics**

Modern politics have been party-politics. Therefore, “post-modernization” politics refers to a non-party politics. In today’s world, it is impossible to think of non-party politics, but the time will come non-party politics will replace party politics controlling the political system. Ambitious politicians, deep in their hearts, are now wishing for more free politics without any obligations to a particular party. As long as political parties exist, politicians became the pawns to fulfill the numbers, reinforcing the party to avoid individual characteristics. There are not a few politicians who think this stops them from demonstrating their actual personal strengths. More importantly, it is actually the political parties that have turned politics into chaos. This is clear from the historical rules: “Principles that create the age are also the ones that lead to its destruction.” Political parties developed modern politics, however, political parties put constraints on politics today. Politicians engage in activities in gaining political power first and they finally

ignore their people's consent. They spend most of their political time doing like that, so they do not have enough time to carry out policies that benefit people. As long as political parties exist, they engage in political battles ever-seeking power. In other words, political parties confuse politics. To change the situation, the political system needs to be changed from party politics to non-party politics. To understand better what kind of politics is non-political-party politics? In *The Sensibility based Philosophy*, we call it "consensus politics." What kind of change would be expected once it's adopted? First of all, there would be the change in the electoral process because politics is conducted through election, to begin with. So, how will this reformation be done? If you truly think of ordinary citizens and think about how the politics that fit a horizontally-structured society, then it would be natural to conduct elections for the members of municipal governments only. Prefectural assembly members would be elected from the members of municipal governments, and members of national parliament would be elected from prefectural assemblies. Moreover, the prime minister, who is elected through public referendum, can decide cabinet members. This is the way *The Sensibility based Philosophy* thinks the ideal election system should be. How discussions would be conducted in such a system? First of all, political parties would be banned from the parliament and any factions or organizations would be banned as well. Then, groups would be created based on the agreement of the same interests in each theme. There would be several groups in each theme. Then, they can select the representatives from each group and the representatives would join the discussion.

## **Theory of persuasion and theory of Consent with Satisfaction**

Also, the form of discussion should be based on the principle of "theory of dissolution for the betterment of all", but not "theory of persuasion." What "theory of dissolution for the betterment of all" refers to is that opinions can change and develop through discussion, and changing opinions is not an issue. In other words, it is not a good idea to try and make people understand one's original opinion, but allows them to listen to other people's opinions and finally own opinion that will develop for the betterment of all. For example, it is totally acceptable to say: "I have said such and such, but as I heard others' opinions, I thought it would be better to think this way. Therefore, I would change my opinion..." "People do not need to stick to certain ideas but take in surrounding ideas and further develop the opinion itself. Like this, based on the principle of "theory of dissolution for the betterment of all" parliament must be changed. Furthermore, only people who have such capabilities should entitle to the members of parliament. Why is "the theory of persuasion" not acceptable? Because in "theory of persuasion", true human nature is reason, so they try to persuade others into what they believe is right, using their reason against other people's reason. However, as they try to make them understand what they believe to be right, then there appears the feeling of being persuaded, so conflict occurs. For this reason, if discussions would be made based on the "theory of persuasion", naturally, many conflicts would occur finally. Moreover, to try to persuade and make the other alter their opinion means to take off the identities of the person, manipulate and control them. However, the modern times are the age of



“identity” and it is thought that humans controlling humans is evil. Therefore, the vulgar theory of “theory of persuasion” must end from now on. In *The Sensibility based Philosophy*, the true human nature is sensibility, and “heart” is created by humanized sensibility. Because the true nature of human existence is sensibility, when we need to talk to others through heart to heart, it is important to use one’s heart towards the other’s heart, facing the other person’s heart. This is a humane theory and it is called “theory of consent with satisfaction.” Why it is called like that? Because reason is an ability to understand, but sensibility is the ability to consent. Consenting is to make sense of something, to feel like “I see!” or sink deep from the bottom of their heart.

So, what does “talking based on the theory of consent” mean? The theory of consent with satisfaction means to say what a person thinks it right based on reason, but actually talking with their sensibility. Therefore, talking needs to have desire and prayer for the other to understand what is being talked. We talk to people because we want the person to be understood what we say. Otherwise, talking without desire and prayer for the other means they do not use their heart. In order to use their heart, it is necessary to choose words, appropriate attitude and expressions while making eye contact, then talk. More importantly things is “The eyes have one language everywhere.” It is also important to read the others’ emotions, movements of heart using your own sensibility, if you think you said a little too much, you could change the tone, making it softer. Or if you think your words end too abruptly, you could add more words. You need to make eye contact, expressions, and attitude at all times while talking. You cannot tell any lies there. Thus, if you become conscious of making eye contact, expressions and attitude while talking, then others would naturally be in the mood to listen to you. In such case, they would naturally be involved in your messages. In order to talk, following the theory of consent, it becomes crucial to train making eye contact, expressions, and attitudes. As I’ve explained above, there is a big gap in the mind structure between theory of persuasion and theory of consent with satisfaction. Therefore, when people’s opinions are different, the power of “theory of dissolution for the betterment of all” and the power of consent are required. To make discussions valuable and effective, it is important not to attempt to change the person’s opinion, but to see the person’s opinion as a reference, and develop your opinion from there. Once we look at political discussion today, all the parties only insist on “Our party thinks this” and they do not try to change their opinions with reference to other people’s opinions. In this way, there is no possibility to develop ideas and opinions. This is the bad effect of party-politics. If we introduce “a council system of politics” which is a non-party system, we would be able to take full advantage of “theory of dissolution for the betterment of all.” Actually, members of the parliament are the representatives of all the citizens. Therefore, they should work for people who have different opinions and conduct politics that can be accepted by the whole nation.

It is impossible to develop political power without letting your humanity grow, like accepting others with your own capacity. Growth of humanity allows politicians to develop. In addition, politics is based on discussion; so changing the quality of discussion is the essential part to build better politics. Even if political reformation occurs by adding parts to the method of

organizing of political parties, it would not be possible to overcome the current political chaos, unless otherwise changing the politicians' humanities and method of discussions.

## **Transition from capitalism to post-capitalism**

The second transition over a several hundred-year-span can be observed in economics as well. This transition has clearly taken a big turn away from capitalism to post-capitalism economics. The term "post-capitalism" has started being used in the world of economics and related books have been published. There have been the situations of which distinguished economists have started using the term "post-capitalist." However, the methodology of how to get rid of "capitalism" has never been clearly proposed. But they think we should move on from working for money, but this is their ultimate theme. Economists have not yet to come up with any concrete ideas for moving on from the current capitalism to new economic system. Current economics don't have clear historical or philosophical perspective is in the. They cannot come up with a new economic model because economists only think of the economy in terms of casualty principal. Once a clear historical or philosophical perspective of the economy exists, there would be criticism over today's capitalism economy. New values would appear that would foresee the new economic model. However, that is not yet the case.

We will explain the economy based on *The Sensibility based Philosophy* next. We think of "post-capitalism" economics as "humanistic economics." In other words, the economy exists for humans, and humans do not exist for the economy. This is the fundamental idea behind *The Sensibility based Philosophy*. Beyond that, we have economic discussions about "What composes economy for humans?"

In general, it is accepted that the economy works with three elements, "man, goods, and money." In addition, information was recently added, making four elements altogether. However, information originates from humans so basically thinking of it as three elements is sufficient. Looking at the economy from the perspective of these three elements, we recognize the situation where the purpose was to produce goods and measure the by the amount of goods already ended in the era of feudalism. The modern economy has changed from the idea of immovable properties to more quantitative, mobile assets like money. The trend in economic activities has changed in the direction of increasing currency, thus increasing the capital. However, in this economic system where humans work for the economy i.e. a capitalism economy, people are drugged into working for money without exception. This occurs because the whole point of capitalism is to increase currency and capital. Humans find themselves as slaves to money when working in such a system. However, this is the real situation.

So, how can we get rid of this situation? This becomes a critical task for humanistic economics. The era of goods ended in the era of feudalism. Furthermore, the era of currency is already in its terminal state, too. The only aspect remaining is humans. Therefore, the new economic system would naturally only be a humanistic economy. For the purpose of building such an

economy, this idea would be too simple so let's think about humans and the economy in more detail.

## **The origin of work is to please other people**

To consider a new economic system, the concept is that “the economy exists for humans and humans do not exist for the economy.” The economy was created by human and not like the nature principle; it had not existed before the existence of mankind. Therefore, humans should never be controlled by the theory of capitalism. Rather, humans should control the theory of capitalism and humans should make efforts to change and create economic society by and for humans. To do so, we must ask ourselves the question, “What’s the connection between humans and the economy?” To answer this question, we will examine another principle when regarding the new economic system. “What’s the connection between humans and the economy?” The answer is “work.” Through work, we humans become connected with economy. Thus, we need to think “work” as the basic principle of finding an alternative to the existing capitalist economy.

What is work? In order for work to have the minimum level of economic value, what rules need to be followed? If you start to think like “Work in the way that pleases people” then the initial principle for work has the minimum level of economic value and a main purpose of work. In other words, the initial purpose of work is NOT the money, but to work in the way that pleases people. The money is something that comes in as a result of work and not the other way around. If work were conducted in the way that does not please others, you would be asked to redo the work again. Or, you might even be asked for wasted time, or finally you will lose money. Therefore, at minimum level, work must be done for the benefit of others.

For this reason, when we start working the first thing to bear in mind is “train ourselves to become someone capable of pleasing others and having humanities. Otherwise, work has no economic value at all. It is necessary to think that money would only be gained after working for the benefit of others. If you look at this from the money view point, money would come more and more as you become someone who has the ability and has good intentions and works for the benefit of others. Once we think the origin of work philosophically, a new value in thinking would exist “I work to train myself to be a true man” or “Money will come according to the level I have reached in terms of being a true man.” When this is achieved, for the first time, the economy begins to be in the status of “people’s economy”. By start working based on such consciousness, you would be released completely from the mindset of “working for money” or “being a slave to money.”

## **The way of working to become true humans**

It is essential to have jobs for humans to become “as true as possible” as professionals and survive in “the law of jungle,” coping with the unexpected world of real society. They must stake their life on work. In order for humans to achieve a true state of being, they must the reality between humans and society. Otherwise, humans never live like real humans. Only through working as a professional, they are able to understand the

connection between humans and the social reality. In other words, they would know how daunting and ugly, or wonderful humans and society could be. In a true society, after working really hard at earning living, they would know for the first time, what the reality is in terms of the society and the people. Only through experiences, human life will become refined. In order for that to happen, it is necessary to experience these situations with utter seriousness. To do so, you need to work in the real society.

Therefore, for humans to be true humans there is no other way than to experience “shambles.” Sitting in a kneeling position is one way to cleanse your heart. But when meditating, the mind is projected to an isolated world not located in an external reality. The true way happens in the external world with feet on the ground and having real experiences in a society of workers.

On the ground, in the real society, through real experiences of utter seriousness, you are able to train yourself. We have no other choices.

Today, various incidents have occurred in the financial world. Some of the incidents have been caused by poor judgment, some by selfishness, but some incidents are blatant acts of malfeasance. Individuals who have learned and been influenced by Confucianism or Buddhism or other spiritual practices find themselves in a pickle because they are immersed in a financial world that cultivates character differently and bound by different rules. These individuals become controlled by the theory of capitalism. In other words, training themselves in an imaginary world does not help them and means nothing when facing difficulties in the external world. If human perspective is not refined, real power will never be achieved. *The Sensibility based Philosophy* is the philosophy of killing two birds with one stone, or finds answers to both cultivation of character and making money. Through work, people can train themselves.

All jobs, in principle, possess values as instruments to train people to acquire abilities and human perspective to please others. If not, jobs cannot become true human jobs. In terms of real work, working toward a consciousness, which concerns itself with pleasing others, is the true path for humans and the only way for humans to transcend to a higher sphere of consciousness.

With this thinking, people will be able to get away from a capitalism economy.

By changing the value of work we will be able to get away from capitalism.

Based on the idea of redefining the value of work, we need to think about building a new economic system, which differs from a capitalist economy.

When determining how that new economy should be and the driving force behind it, the most important thing to know is what exists as the main principle? Introducing a revolutionary perspective of work, we can create brand new economic system.

The original idea of training yourself through work, originates from classic Japanese thinking of “Dou”. In Japan, “jujutsu” became “judo”, a manner of drinking tea became the tea ceremony, a way of placing flowers became flower arrangement, and business became business ethics. These paths of thinking act as theoretical evidence for saving humans from today’s capitalist economy. Not thinking of work as only a job, but think of it as a method and way to train you to become a true human. Such work ethics will usher in a new perspective on work. And with that way of thinking, we will be able to get away from a capitalism economy.

## **The Age of personalized economy**

If a post capitalism economy starts to move in the direction explained above, then what expression would best fit the new economic system? Earlier, I called it “a humanistic economy,” but it might be better to call it a “personalized economy.” The reasons are explained in the proceeding section. A post-modern civilization is forming and the roots will be aerating from Eastern civilization and a spiritual civilization. To compensate with the previous materialism of the Western civilization, the next Eastern civilization needs to have the spiritual civilization.

The principle is based on the thought that the great universe works at a balance between negative and positive energy. Once we think energy balance is the fundamental of the universe, history of civilization has made progress in a large time scale and forming another. This may be considered a very long time for Mankind, however, from the universe’s point of view, it is just a short moment of change. If you think that the universe functions as one unit, it will become clear that the western materialist civilization which has been driving modern times; whereas, the upcoming post-modern times will be the spiritual and eastern civilization.

Inevitably, the next few hundred years require the structure of a spiritual civilization. Moreover, the economy should follow the same pattern of change and become based on the principle of a spiritual civilization. Thus economic policy should adhere to the structure of a personality economy. Buddha, Confucius, Laozi and Zhuangi and other philosophers who originated from the east pondered how to improve and refine their personality. From this perspective, it is possible to find an economical philosophy of an era of Eastern thoughts.

Even though we adhere to economy, we still have the idea of refining the personality. Especially when contemplating the question: “What can the economy do for people?” The economy exists for humans and the more that flows from the economy the more humans will grow. This is the basis for the idea “path of thinking” I mentioned earlier. This is the methodology using the theory of “path of thinking” and how to apply it to human activities and train people to become true humans and reach the apex of human potential. With this thinking, there is no doubt that the next economic system will be a personality economy.

The economy today has changed from a quantity orientated to a quality orientated one. The quantity of humans determines the quality of products and the quality of companies. In other words, the quality of human circumstance matters a lot. Without humanity improvement, development and evolution of their character, neither the company nor the product will develop. To improve the company, it is mandatory to improve the quality of the people. Observing such a situation as background, we must see the fact that the economy is definitely moving in the direction of personalized economy. Also, bringing in the idea of personality economy to a business management model will be the way for fitting them income along with the current change. Once you consider immediate change as such, clearly we need to head the direction towards the personality economy. Especially if you consider the recent financial scandals, the market itself seems to be relaying

the message “It is time to change to a personalized economy.” It is necessary to think what economic direction we are headed in after seeing the criminal actions in the financial world brought to public. Clearly, this is an urging of some kind for a reformation in our perspective of work. Those financial scandals must have occurred in the flow of history. The phenomena that had hidden in the dark and then came to light are new phenomena representing a change in the financial system. All the people actually have started to recognize that we need to act more humanistically including economic activities. The circumstance has changed to that stage. We cannot be able to foresee future without the historical perspective when we see these scandals. Today’s phenomena have happened in a way for every few hundred years span.

## **Transition from Democracy to Post-Democracy**

The third transition that has been seen over a several hundred-year time span is the transition from democracy to post-democracy. Needless to say, modern society has been built based on the idea of democracy. Many people who may think there is no other alternative political system than democracy. However, the actual society has been changing the from modernism, actually out of modernism. As the modern society, having the basic structure has changed from modern society to post-democratic way. It is important to look at the society with such view points. After the war, the Japanese accepted democracy from the west as militarism replacement. Therefore Japanese people tend to think of democracy as an ideal social system. However, if you look deep into the reality, you will realize democracy is becoming weary as a system. We can see the estrangement between its ideal and the reality all over the place. Until today, our democratic society has worked with the ideology of freedom and equality. However, concept of ideology i.e. freedom and equality have finished their roles already. That is clear from looking at the problems of “inappropriate-freedom” and “inappropriate-equality” which became apparent in many areas. For example, excessive freedom became problematic, or the pursuit of equality resulted in the loss of motivation for work. Considering such a situation, once again, we need to rethink about democracy. And it is important to imagine building a society from democratic to a superior one. To begin with, we need to go back to its origin of the democratic society and think what it is really about.

## **Democratic society that is energized from conflicts**

Originally the idea of democracy came from the ideal society made up to break away from the feudalistic social class system. As part of the procedure, modern people brought in something called natural right. “Natural right” is defined as the right given by nature to humans since their birth. So, how could have expressing natural rights emerged from feudalistic society? Because there were no social class or occupations during the primitive age; so, in this sense, God didn’t give natural rights from the beginning. Humans created it. Because God did not give it, it will not break God’s will to abandon succession of social class or occupation. In addition, they thought the right to

live as humans was a natural right that was given to humans by birth. In other words, in feudalistic society, people are tied down to their social class or their occupations. In order to exist freely and not tied down to anything, they created “Natural right”. This was how the word “natural right” was born, to insist on their existence.

Humans have natural rights guaranteed; therefore, they can claim their rights freely. And, on claiming on these rights, humans can make contracts with each other. Further, everyone must compromise to achieve a balanced point from this, social order and laws can form and then continually created. This means the principle of democracy lies in a place where everyone insists upon his or her rights. Nothing can be done for those who do not claim on their rights who make their loss.

However, people claiming their rights can result in conflicts with others. We can affirm that conflicts existed from the beginning in a democratic society. It is the origin of a democratic society based on the structure of insisting on individual rights and fighting against each other.

This is the fundamental principle when thinking about a democratic society. One is insisting on his/her right, the other is also insisting on his or her right. Finding the point within the structure of rights and conflict, and entering into an agreement is the reality of a democratic society. This means that if a democratic society doesn't have the structure of people denouncing each other, the society will lose its energy and will eventually collapse.

In fact, in a democratic society the ruling party and the opposition party fight against each other. In economics, workers and their employers fight against each other. In court defense attorneys fight against prosecutors. This pattern of fighting and making conflict is the principle of a developing democratic society. In other words, individuals fight each other and then find a way to compromise. It is a mistake to only see the surface and think that a democratic society is the ideal society without looking deep into the structure. In this regard, a democratic society has weaknesses to be overcome. Now that those weaknesses have been clearly seen, we need to construct a new social system, which is an alternative to the democratic society. It is necessary for all of us to think together what post democracy society should be.

## **Democratic society turns into a mutual respect society**

So, what kind of society will be a post-democratic society?

First, the new society will be overcome the problems of the democratic society. In that point, what lies at the bottom of the problem? Once, people thought the nature of human being was reason, and reason was perfect, people claimed their rights endlessly as the result.

In *The Sensibility based Philosophy*, reason is imperfect and has a limited ability because it only uses rational thinking. Moreover, humans are all imperfect beings with bad points and weaknesses. Therefore, once they set up mind attacking others, they can fight against each other forever. Besides imperfection, conflict is assumed a right thing. So recognition of imperfection prevents the disputes going away.

Consequently, for the new society taking over the democratic society, most prioritized thing is to see “humans as imperfect beings” in the basic principle. Then, it will be suggested that imperfect beings feel relief in Life.

What is needed for Imperfect beings feel relieved is not to fight against each other but to “help and forgive each other”. We need to build a society based on forgiveness each other. What kind of society it would be? In *The Sensibility based Philosophy* it is called “mutual respect society”.

Modern democracy has been developed based on the principle of freedom and equality. What kind of principle should be set up as the foundation of the mutual respect society? I believe, those are something called *Wadou* and *Godou* (wisdom of Buddha).

Peace is the most important principle, which can solve the current conflict of societal structure. We need to create peace all over the world, in every community, and in all homes. *Wadou* is the word which represents the idea of peace in a more concrete term. Based on Eastern thought, the principle of *Wadou* expresses “Everybody searches for his or her way of life in harmoniously.”

On the other hand *Godou* is the principle to “evolve and develop humanity.” Unless humans evolve their humanity, it won’t be possible to make a new era. Despite the advanced technology in science has made prosperity in materials; our humanity has barely evolved. This is a big shame. From this now we must set up and live according to the major goal established for mankind: to make our humanity grow, develop and evolve through next few hundred years. We must build up a fertile material civilization with a balanced, humanity. *Godou* is indispensable principle to realize it.

Evolving humanity is closely related to realizing peace. Therefore, I’d like to put *Wadou* and *Godou* to the principles of the new mutual respect society. Also, modern times created social rules of “rights and responsibility” to put freedom and equality in practice. This was also the western consciousness and reason-oriented idea. Nevertheless, the era of rights and responsibility has finished. As rights brought conflict, responsibility forced compulsion, so these are already not suitable for the coming sensibility era.

So, what can be the alternative principle to replace rights and responsibility? Based on having a forgiving heart toward others is at the core of their life, then the words “moral principle and mutual respect” would replace rights and responsibility. The concept “moral principle” means not behaving in such a way, which burdens other people. Various financial crimes have happened caused by against the basic moral principle. This needs to be corrected immediately. Some rules are necessary for people to live with forgiveness and support each other. It is people’s norm of conduct, to be called *Dougi*.

“Mutual respect” is based on living a helpful life and being respectful to others. This should cover regardless of the person. We need to think about building a better society. We need to cooperate with everyone, even if that person has disability, fortune or power even he or she is young or old. These are the circumstances of today. Otherwise, we will not be able to set a social order. In order to make that happen, we need to love people. “Respect and Love” represents the era of helping each other through love.

As I have discussed so far, a society of helping mutual respect will be built based on the basic mentality of *Wadou* and *Godou*, “moral principle” and



“respect and love”. Considering the problems of a democratic society and the possible ways to reform, reinvigorate and restructure society to solve these problems, I think the society that has the ideas of *Wadou* and *Godou* will work best through transition from reason culture and civilization to sensibility ones.

## **Reason Culture and Civilization to Sensibility ones**

The fourth change that happens every few hundred years is a transition of culture and civilization. Modern culture and civilization are based on reason, however the coming age; both will need to be changed, moving forward to a post-reason culture and civilization. The movement of this change has already been observed in art. Art always anticipates the changing era. So, what kind of change happened in art? Let's take a look at the paintings for an example.

Until the end of 19<sup>th</sup> century, all the paintings were representational paintings. It was common practice among the painters to reproduce precisely the shape by using reason. But by the 20<sup>th</sup> century abstract paintings emerged one after another. At first glance, the object of the painting is not immediately recognizable. In other words, it is not a mere copy of the subject. The space and context has completely changed for the subject. The subject looks collapsed in its shape. Picasso, Munch, Milo and other abstract painters similarly broke down the structure and tried to reproduce the sensibility that is inside their minds. Quantum mechanics discovered all substances are not fixed, but fluctuate and in chaos. Scientists and artists suggest the collapse of modern principles, values and views of the world. This indicates that the culture and civilization of reason are shifting towards a collapse.

So, what new culture and civilization will be to come? Needless to say, that will be one of sensibility culture and civilization. It has been suggested that abstract paintings foresee the upcoming new sensibility culture and civilization principle. Furthermore, a sensibility culture and civilization refer to the council system of politics in political terms, personalized economy in economic terms, and a society of mutual respect in sociological terms. These are the forms of culture and civilization based on the principle of sensibility in the new era. It took mankind three thousand years to experience all they could with the principle called reason.

And it has come to the point where reason has been exhausted and nothing else can come from it anymore. Just as mankind experienced the principle of reason over thousands of years, mankind requires the same amount of time for sensibility to prevail. Mankind will discover an ability hidden in sensibility and with experience also discover what can be done.

Every time mankind faces various difficulties, the hidden ability in sensibility will be revealed. Who knows what kind of ability is hidden and undiscovered? Unexpected experience will bring to each person, but perhaps that will help the growth, development and evolution of brilliant humanities.

## **Chapter two: humanity in post-modern times**

### **Criticism to reason**

In the previous chapter, we summarized the great transitions that are currently occurring in front of us. As it has been seen, in order to make your life and work fulfilling, people involved in such activities need to be changed. We require evolution of humanity. It is necessary to grow humanity out of modernism. What perspective and effort are needed to make this come true? In this chapter, we discuss “leading humanity to post modern”. I’m going to explain this issue.

### **Reason principle has developed modern times**

Before we conceptualize humanity in the era of a postmodern world, we need to clarify what constitutes the age of modernism first. So, what is the age of modernism actually like? “The age of modernity represents the time when humans idolatrously trusted the ability called reason and did everything based on that principle.” In the modern age, nature was rationalized and reasoned. Society was rationalized and reasoned. Humans themselves were also rationalized and reasoned. It was the age of humans being ruled by reason. We could say that this was the main characteristic of modernism. Modern academia has been based on believing in reason and using reason without any contradiction like religion. We could explain anything from everyday problems to mysterious problems. However, what has become clear is that being a human of reason does not necessarily mean that he or she is a person of humanity. In addition to that, as humans become people of reason, they will destroy their own humanity. The main causes of various crimes and scandals that have happened in the educational field were also the result of valuing reason too much. It was Sigmund Freud who discovered a basic defect in the reason principle. He clarified the fact that reason represses humans. When people live based on the reason principle, various diseases can occur and induce the destruction of humanity. He showed that reason was not the kind of principle that brings true feelings of happiness, satisfaction or joy in life.

Humans have been seeking for convenience and tried to treat nature rationally based on reason. Yet that triggered the destruction of the environment and threatened our healthy lives. These problems are the result from trusting reason too much and forgetting that our lives are a part of nature as well as nature includes human life, which is a mystery and it exceeds reason. Nature cannot be consisted as rational existence.

In this sense, we could say modern science and modern academia have made fundamental mistake to use reason as the leading principle. The first thing we have to cope with post-modern humanity, we need to release our too much belief in reason. When we consider humanity in the post-modern era, the first thing we need to do away with the beliefs and blind faith in reason. Once again, it is necessary to reconsider the trust we’ve had in reason. Get back to the starting point and ask ourselves the question “What ability does reason have?” would be the first step toward thinking, “what

humanity of post-modern era is about.” As long as our thinking goes along with the reason principle, we will never be able to get free from modernism.

## **Reason is imperfect**

Up to date, reason was seen as the “brilliant ability to think rationally;” by *The Sensibility based Philosophy*, whereas, now it criticize “thinking only rationally has limitations.” Please do not misunderstand my argument. I am not criticizing the entire era of reason. I would not deny everything in reason. It is an inevitable process to develop and evolve reason. In human history process, humans need to have time of rationalism once. In this sense, it’s not a mistake that modern times had experience an era of reason.

However, any ability has its limit. It is certain that belief in reason has made mankind develop and reach a certain level, but if we truly hope for more growth, we need to start criticizing the reason ability. No matter how much you think about the reason principle and approve of the idea, bear in mind, there is a limitation, so reason is imperfect.

Furthermore, proving the imperfection of reason will lead to the development of academia and help history at the same time. When a scholar makes a new discovery, they present it with confidence, as “This is the ultimate truth.” But tens of years later, the idea is sometimes dismissed. History works the same. During a specific time, beliefs or views are presented as eternal truth, but it can eventually be broken down and no longer thought valid.

Democracy, which is often thought as a euphemism for absolute truth, is not an exception and is not exempt from this process. As I mentioned in the previous chapter, the negative effects of democracy in various areas of society revealed today. Mised-equality, misapplied-freedom are widely spread these days. Examining the circumstances, we see that the current democracy model is not the ultimate form of society. It is required to come up with a better form of society than the democratic society. Having overcome and forgone the democratic model and intent on building a new society, history will be able to take a step forward for the first time.

So, how should one interpret the academic evidence that elucidates that reason ability is imperfect and has a limitation? Proving things constantly requires the principles of “time and space.” Evidence of space usually comes from analyzing present data, whereas evidence collected from time is based on a historical point of view. Unless proving ideas from this angle, any evidence cannot be complete. Moreover, it cannot be accepted.

Here, we are going to discuss the evidence of time and space to show reason is imperfect.

## **Why is reason imperfect? 1) Basis in space theory**

Evidence of reason imperfection is explained in theory of space by the fact that “humans and society are built at their core not from rational elements.” If they are made of only rational elements, then reason would be perfect. However, in reality, that is not the case. Actually, humans and society consist of rational and irrational elements and they are closely related to each other. For example, the ultimate goal of life for humans, such as love, happiness, freedom or any purpose in life, is all something that involves

feeling and cannot be explained logically. Courage is also something that comes naturally from sensibility. Responsibility, which can be thought as reason, would not be real unless truly felt in the core of sensibility. In these ways, many valuable things in human life come from feelings and sensibility. Here is an anecdote to emphasize this point: A wife whose husband is the top management of a big company, who lives in a luxurious house, has immense wealth and property, and her son goes to a prestigious university, could be in despair and say to herself, "How unhappy I am." On the other hand, a wife who lives in a tiny apartment with family of four says "How happy I am." No matter what environment we are in, as long as we have the sensibility to feel happiness, we will always be happy. The realization of happiness is not influenced by the environment and does not emerge even in an ideal situation. Happiness comes from a feeling.

Similarly, love comes from feeling, purpose in life is feeling, and freedom comes from feeling. Having plenty of time does not necessarily mean one is free. If there is no purpose in life then an abundance of time equals absolute boredom. If someone wants to do something and can do it, this means real freedom, and if he or she cannot do what he or she wants this is not freedom. To a certain extent, problems of human society might be solved by the reason ability. However, due to the fact that the world is not made of rational things, it is not possible to solve all the problems of society or humans fundamentally. This shows reason is not almighty.

## **Why is reason imperfect? 2) Basis in time theory**

Next, I will explain why reason is imperfect from a historical and time theory point of view. We could say as evidence that the reason ability is not an innate ability or potential ability. Until now, many scholars and philosophers of Christian theology have thought that reason was a given ability from birth and anyone born has the ability from the beginning. Many believe that because humans are born with fourteen billion brain cells, "Reason potentially exists in anybody."

Nevertheless, the question "can the existence of fourteen billion brain cells really support the hypothesis of the existence of reason?" remains. The function of reason is to "think". But, only existence of brain cells cannot explain the function of thinking. First of all, humans need to master the language that they created before start thinking. Moreover, it is necessary to make connections with mastered language. In other words, if fourteen billion brain cells are not joined with neurons, humans are unable to think.

People approximately start thinking around two or three years of age. Children around that age memorize words and start talking. Then, they will start asking many questions like "What's that?", "Why?" or "What for?" When this happens, if a person tells the child "this is because ..." then the brain cells connect tightly together and the child makes a connection and thus the thinking process begins.

Thus, the reason or thinking develops through the work of mastering the language, and through the work of connecting words at an early age. Therefore it can be said that the ability of reason is not an innate ability, but acquired after birth. Furthermore, the language, thought to be required for the function of reason, is artificially created which is consequently imperfect.

Reason functions are limited within the language and are beholden to a language system that means imperfect. There are things that cannot be expressed with words in this world. Those things are called “substance” in philosophy. Substance is something that can be felt as a realization of sensibility, and once expressed in words, it will be fake.

As I’ve discussed, from the basis of time theory, we can say reason is imperfect.

## **What wolf girl told us?**

In 1920, a British man, who was a priest, researcher and anthropologist, discovered two wolf girls in India. One of them died soon and the other girl lived for another ten years, dying at sixteen. When she was discovered, she was presumed to be six years old. The researcher made various efforts to introduce the girl to human society. However, up to the end, she could not regain human qualities. As vocal codes were human features, when taught, she could say the word “mother.” But she did not understand what it meant. She could mimic the pronunciation, but she did not recognize the relation between the word “mother” and real mother. The function of language did not work as concept learning. This happened because wolf mother brought her up until the age of six and her sensibility became that of wolf. Hence, it was not possible for her to understand the human concept of language. The researcher tried very hard to teach many things to her, but reason did not emerge finally.

As many scholars suggest, if the ability of reason exists as a latent ability, then the ability should be pulled out with the efforts. However, it did not happen finally. This signifies that reason is not latent, innate ability, but is the ability that is acquired through memorizing words created by humans, and then connecting words in a way that corresponds to the reality. It is said that eighty percent of basic organization in human brain cells are made by six years old. Thus, once her system became modeled after the behavior of wolves, human reason ability could not be made anymore.

Theologians thought “Reason was a given ability from God to humans, and it’s an innate ability and will appear to anybody.” Nevertheless, the discovery of wolf girl in 1920 was a significant incident that left the question about the thought.

## **Ability beyond reason helps accelerate human evolution**

Humans have various abilities that exceed the reason ability. Great discoveries and great inventions worldwide have often been made by ideas that exceed reason. An example from everyday life also shows that the power of “wisdom” does not emerge from thinking, but naturally breaks out. Wisdom usually appears suddenly after you give up from using reason to the at most limit. When you use up all the power of reason and reason ceases to function anymore, and while taking a break, sleeping, going for a walk, watching TV, or taking a bath, all of a sudden, wisdom comes into your mind. This is the ability that also exceeds reason. When humans truly love something, the power exceeding logic will spring out. If you truly love your job, you would

feel more powerful than when you rely on reason. Sometimes, things can be successful with the power of love but not with the power of reason.

Furthermore, sometimes desire, generated from one's life, gives humans the power that exceeds reason. A strong will is not from reason, but from the strengths of desire and appetite. These things happen naturally in one's life beyond all reason. People who have a strong desire can accomplish what average people cannot.

As explained, reason is not humans' best ability. Abilities that exceed the reason ability exist in humans. In other words, there is power of evolution, power of wisdom, power of love, power of will. Furthermore, there is the power of life and a natural healing power. Diseases are cured not because of reason, but they are cured by the natural healing power. They are cured by the power of sensibility that works in humans. Vitality is made from synergistically operation of reason, sensibility and body.

Until now we have thought that the true nature of humans was reason, and it was the only ability that is reliable for humans. Based on the belief that no other faculty surpasses reason, all was addressed according to the standard of reason. And we have thought that this to be the best approach. However, in reality, reason has come to its limitation. Problems such as a rapid increase of divorce, an increase of juvenile delinquency, mental illnesses, truancy, and bullying cannot be solved by reason. Many of these problems have happened. As reason cannot solve these problems, we must say our future all depends on a power that exceeds reason.

To live by the power of wisdom means we need to establish the education to create wisdom. Moreover, we need to be in the real life situation where we can use the brilliance of will power and the power of love. Also, vitality and a natural healing power need to be consciously manifested. They will become key issues in the process of human evolution.

## **To have modest reason**

With reason ability, it is only possible to look at things rationally, and it has clear limitations. No matter how much you think your idea is right; it would neither be definite nor perfect. Humans need to face reality more modestly and be humble. You should not trust reason too much without questioning it. Reason should be an instrument. It cannot be over stressed that reason should be a measure. In reality, most problems that occur in society are caused by the endless insistence on what to be thought right. With any conflict such as national or religious wars, conflict between the ruling party and the opposition, conflict between prosecutor and defense lawyer, or conflicts among friends, insisting on rights by neighbors, quarrels between wife and husband, without exception, the fundamental causes are from the breakdown of relationships caused by the insistence on self-rights. If all mankind becomes aware that "No matter how much they think their thoughts are right, they would never be perfect," and behave humbly, then it is not overstated to say the wars will fade away from this world. The fundamental principles for world-peace are based on having modest reason and properly acknowledging the imperfection of the reason ability. If mankind truly hopes for peace, there is no other way but standing on this principle.

When objections against their opinions arise, it is important to have modest reason and be interested, listen, refer to them and evolve own opinions. To acknowledge “reason is the imperfect ability that can see things only rationally” is to have a negative perception against reason. Nonetheless, this would work as an advantage for reason because in “thinking for the better” as positive side. Reason is originally a positive ability that is capable of thinking for the better. In truth, they had doubts and proved it from evidence. Through this process, they created advanced knowledge and history formed thereafter.

We forget such historical facts that it is a kind of fundamental problem. Once you say something definitely, reason ability or academia will not improve any further. At that point, the history would end. Therefore, scholars nowadays believe in reason as almighty as religion is mistake. It is just modern thinking. The new academia needs to criticize modern reason, to expand and take a step forward to a new use of reason.

### **The ultimate feature of substance is fluctuation**

Physics exist to recognize nature as rational existence to study and identify the ultimate form of substance. Those physicians who work worldwide have begun to feel “Reason is not absolute.”

The researchers of the most advanced studies of time, quantum mechanics, have sought the final principle in the world of matter, from molecule to atom, atom to nucleus, nucleus to meson, neutron, proton, electron, quark, and to neutrino. Their search was brought down to the microscopic level. By the use of reason, they attempted to see the ultimate form of substance. The final answer was that “It fluctuates so much that it is impossible to determine what the ultimate form of substance is.” If we express it from the point of molecular biology, the ultimate form is “Chaos.” “Chaos” is the word that usually refers to the state of confusion. However, real chaos is not the same as the state of confusion, but it refers to the “Activity for order.” In other words, it is the situation where “it currently lacks order.” That is to say, it is not possible to figure out what the ultimate form of substance is by the use of the faculty; thus, scientists decided to call it “fluctuation” or “chaos.” Presently in quantum mechanics, research is soon to arrive at the point of seeking answers to questions of how the ultimate form of substance should relate to consciousness or the mind. Physics has gone beyond physicality to reach the realm of the mind.

Considering the status quo of Physics, the most advanced theory of reason now is in such a state, the era of this research method with reason-oriented thinking has ended. In the coming era, we need an alternative principle to replace reason to develop further Academic Research. It is our task to seek that principle. I am not saying you cannot claim right things on the basis of the reason principle. Right things need to be claimed. However, claims that destroy human relationships or calls for conflict, results in war or killing situation, in that case insisting on rights will make people unhappy. This is an important point. Even reason make right decision, still it's imperfect as we discussed. It can never be completely right. So we need to have humble reason.

Additionally, it is important to remember that those who have humble reason always understand “if any rights claimed which destroys human relationship, then that right things would be wrong and evil.” These are the new kind of moral values and ethics that people must put on them. These are exactly the worldwide principle or fundamental rule people need to acquire.

If you, as imperfect humans, wish to build a society where you truly want to feel at ease, you will need to understand that you have to avoid conflict caused by being assertive. Humanities will not develop until you acquire the ability to communicate with such an understanding.

### **“Theory of persuasion”, developed by Socrates**

As stated in the previous chapter, the theory we humans have used is the “theory of persuasion”. This theory was developed by Socrates and continued ever since. He was sentenced to death because he developed his theory of persuasion that was hated by many people, so he was accused, taken to court, and eventually put to death in prison. Why did this happen? Because he thought the right way of living for humans was to live following reason’s order. Thus, he forced the people to be in the place where they could not escape from his insistence ignoring their feelings and emotions. As the result, people whose sovereignty was hurt naturally hated Socrates. Basically, in the theory of persuasion, there is the big problem of ignoring sensibility from the beginning of its birth. We need to notice this fact. However, the westerners who believe in reason cannot criticize Socrates. They interpret “Socrates was the great philosopher and who proved his theory by his death.” He was the hero of reason. Therefore, the westerners cannot deny him. However, it is currently the task of ours to rescue mankind from reason’s control. Thus, we must say reason-oriented human perspective or values in the west ended its role already. For the upcoming, new era, Japanese spiritual culture and Oriental sensibility is required significantly.

“Theory of persuasion” was born from the idea “The true nature of human being is reason.” Because of this, it is important to speak to other people’s reason, using our own reason. Otherwise, people cannot communicate, actually. This is the basic perspective in the theory of persuasion. The conversational method of westerners is based on such a human perspective. Debate is a game created from “Theory of persuasion”. To discuss a certain agenda, one party argues for and another against. They compete against each other until one wins. Debate is nothing but the game for theory of debating; you might find what is wrong about your opinion. However, I must say it is problematic to use theory of persuasion in our daily life or at work because as we attempt to persuade forcibly, so the other people try to protect their independence or their own opinions. The theory of persuasion tends to cause conflicts except people have no opinion in mind.

### **“Theory of acceptance” that came out of sensibility**

In *The Sensibility based Philosophy*, it is thought that the true nature of humans is sensibility and its “feeling of reality.” “real intention” are the concrete substance of what we call “me.” In other words, the true nature of



humans lies in the “heart” as humanized sensibility. If heart is taken as the true nature of human beings, then you will need to speak to the other person’s heart, using your own heart. Such theory is called “theory of acceptance.” Why it is called “theory of acceptance?” Because reason is an ability to understand, but sensibility is a power of acceptance. Acceptance occurs in the situation where you feel “Oh, I see” and become comfortable with the idea. “To become comfortable with idea” means to understand something, exceeding reason, entering deep into the internal organs and the bowels. The internal organs and bowels mean life itself so making the idea sink deep into life.

The acceptance is realized only in sensibility. “To talk with heart” means not to make the person be understood, but try to let them realize something. Prayer and wish are needed for that person to be really understood. To do that, you need to select words, attitudes, verbal expressions, and expressions in the eyes. Not just talk verbally, but talk with eyes, with attitudes, expressions, and with your life. In order to talk using life, it is important to read the person’s feeling and the movement of their heart with your sensibility, and you talk soften or adding words. Also, you need to make an effort to let them realize how you feel by your attitude or facial expression. Unless showing your effort to be understood, it would never be successful in appealing to the person’s heart. The look in the eyes, expressions, attitudes or seriousness true heart and love comes from sensibility. No matter how well you could express yourself, if there is no heart, you would never be able to communicate. It is important to talk to their hearts rather than rely on words. This is the theory of acceptance.

## **Make humanity grow up with theory of Positive dissolution**

Even if we try hard talking to others’ hearts based on the theory of acceptance, when the position or opinion is too different, conflict will inevitably emerge. So, in such a case, what we need to think is “the reason ability” can think for the betterment of all. This is the essence of reason and there is no way but to make good use of it. When you encounter different opinions, it is important to use reason to make sensibility to have interests, concerns, curiosity, and appetite in different opinions. Then, listen to the different opinions; refer to the opinion, in order to develop your own opinion. To have that mindset is called the theory of positive resolution.

In any case, please do not try and change others opinion to your way of thinking. If you do that, it will surely destroy the relationship. However, most people make this kind of mistake. They think like “the way I think is right, so let’s make them change their opinion.” They make an effort to change other’s opinions.

If you really want to change other people’s opinions, then you must develop their ideas and develop your way of thinking. Moreover, do that alone without telling them what you are trying to do. If you do so, it becomes easier for the person who listens to accept the new suggestion because it includes their opinion. They will probably be happy to accept it.

The important thing is to develop you without sticking to a single opinion. If you can develop yourself, others would change as well. If you do not take advantage of the theory of positive dissolution then a new humanity would

not emerge. When the feeling that “I want to persuade” enters into your mind, you need to make the maximum effort to make them understood by using theory of acceptance. It is helpless if the mindset focuses on “persuasion.” As soon as you discover that the other has a different opinion, then it is better to give up yourself, and listen to the other. Then if there is any point that you can take from them and integrate with your opinion, you should do so, and try to make your own opinion more rigorous and better. By having such an attitude, we can appreciate others who disagreed and think “I can develop by meeting you. Thank you.”

The good thing about encountering different opinions is that you are able to see things from a different perspective that you haven't seen before. In this way, the most important thing in a relationship with others is to develop you. To do that, you need to acquire the ability and take advantage of both theory of acceptance and theory of of positive dissolution. Without this, a person would never be able to make the peaceful world that sought by all the people. As long as we insist on the basis of theory of persuasion, we still remain modernized people.

## **The relationship between reason and sensibility**

I have described my opinions and criticism about the principles of reason so far. I hope you can understand why reason is not perfect nor absolute. Next, I'll address how to connect the positive part of reason ability and sensibility based on critique of reason.

As humans are organic combination of body, reason and sensibility, so you cannot judge substantially, even though you may know what reason is. You have to think of the connection between sensibility and reason and how they actually work. In order to actualize it, you need to think of the influence on daily life and work held by reason and sensibility. So, let's think of the role of sensibility in our lives first.

## **What is the role of sensibility?**

Sensibility is the source of desire, craving, interest, concern, curiosity and etc. What does the desire arising from sensibility mean? It tells us the purpose of life, that is, it teaches us what life is and what we actualize. And what is the joy of your life? Sensibility is an ability with which you can tell the real purpose of your life. Also it is the ability, which gives us the problems of life. Sensibility is the ability, which makes you feel the problems.

Therefore, actualizing the desire coming from sensibility is linked with the real joy of humanity. Joy of humanity is the situation where you can do what you want. A human with nothing to do in his or her life cannot feel any joy. Having fulfillment in your life is the state where you can do whatever you want, and pursuing that state is a important purpose of your life.

The desire coming from sensibility, whatever it is, tells us what you should do to have joyful life. The principle of living is to materialize the desires coming from this sensibility. If you don't have any desires in your life, you have to find them. Otherwise, you cannot live passionately.

## **How to connect reason with sensibility?**

To create things welling up from sensibility, it is important to “use reason.” If you use reason, you can draw desires, cravings, interests, concerns and curiosities from sensibility. Before that it is necessary to ask yourself “what kind of person I want to be?” or think of the meaning, value and greatness of things. Then you may feel the entity of sensibility and get desires and cravings to well up. After all, you can awaken desires or cravings from sensibility by stimulating with reason.

The mechanism of reason usage is to draw real purpose of life coming from sensibility. The purpose derived from reason never gives real joy in our lives. If you try to actualize the purpose created by reason, you will feel cramped in that purpose and controlled by it at that moment. On the other hand when you try to actualize the one from sensibility, you can get freedom and joy. You will know the nature of the purpose by judging whether it gives us freedom and joy or not.

We have reached the limitation of reason and now the time when we ask how to actualize the way of living by emphasizing what comes from sensibility. Modern humans try to actualize the purpose created by reason, have suppressed, something coming from sensibility. so end up hurting himself, and live a boring life with uncomfortable thoughts. In fact presidents at many large corporations upon retiring feel regret because they cannot find any meaning in their life even though it has been successful, except entrepreneurs.

Presidents, who promoted by their educational background and good human skills, tend to think they have done nothing what he or she can do.

Why even people seem to have succeeded in their lives regretful? Because they set wrong goals, that had no connection with something from their own life. Work given by someone else has nothing to do with worker’s desire.

Therefore, you feel difficult to find any fulfillment in the work. So, what you must think of is how to use the reason to actualize things coming from one’s life and helping others. With that type of method you must connect reason with sensibility. It is required to actualize by reason what is coming from sensibility.

## **Troubles allow humans to grow**

“Occupation” is basically emerging from cooperation of sensibility and reason. The essence of occupation is to do what you want to do. Therefore, you can feel joy while working, and you will be successful in your task. When you do what you are not willing to do, there is a conflict between sensibility and reason. If you don’t try to change the situation, you will never be successful. If you cannot get absorbed in your work then you should think where the meaning, value, merit and greatness can be found. When you do so, you will feel them. Once you feel them, then you will have interests and concerns. Then you will become conscious of greatness what you are doing and gradually devote yourself to it.

In order to be successful you have to awaken your desire. Even if your job is not what you have chosen, you will get as much strength as you like with the real meaning, value, merit and greatness of the job. When you tackle the job

willingly, you will have a feeling of satisfaction and fulfillment. Many people who are leading unconvincing lives have trouble with their jobs because they put priority on reason not on sensibility. Repeating that kind of situation, getting more and more stress they will finally regret their whole life.

Some people sometimes say "I am really happy and so I have no problem at all." However, this is also the question. Because these people are only doing things that make them comfortable and not making any effort to improve their abilities further. They turn down everything that they cannot do. So they have no trouble or problems. That is, they think that they are happy with no improvement in their lives. People, who are improving themselves, should always have some problems. Those problems draw potentiality that will lead human growth. Sensibility gives humans worries, pains and problems in order to help humans grow and improve human nature.

## **Mind makes you sick and heals you**

If you deny the desire coming from sensitivity by rational thinking, you will fall into so-called autotomy. The conflict between the reason and sensitivity destroys your human nature and you will live your life with contradiction. This causes almost all the diseases related to internal organs. As you chose to work by a reason moving against what you really want to do, so you feel stress which causes gastric ulcers, duodenal ulcers, liver trouble, pancreas trouble and a heart disease.

The structure of the reason oppressing sensitivity burdens the internal organs, causing harm. This means internal organs work as an organic synergistic effect of the reason, sensitivity and body. So if the conflict occurs there, contradiction arises and normal formation is disturbed. Consequently, various functional disorders will occur. Conflict, itself, is the condition of destroying the life force and brings about a breakup of consciousness. That is to say, life itself deteriorates into a bad condition that leads to diseases. Cancer is also affected by the mind condition. As reported worldwide, some cancers disappear without an operation or some people can keep healthy and in good condition with some cancer. Also, there was an interesting case with a man who had cancer in the final stage, upon being informed that he only has 6 months to live, he started doing only what he really wants to do and expresses his real feelings of anger, joy, sadness without hesitation. As a result, the cancer cells may stop spreading. Living in accordance with one's desire from sensibility makes his life happier. This may stop cancer cells from spreading. If you live free from conflicts or contradiction and enhance your life force, then even cancer may reduce and disappear. This has a medical basis: inside human body, there is a cell called macrophage that eats bacteria. Macrophages will become larger when humans have happy feelings, being impressed, or feeling worthwhileness of life and motivated in their lives. On the contrary, when humans feel sad, discouraged and oppressed, macrophages will shrink. You might be able to overcome cancer when you try to activate macrophages.

Generally speaking, disease tells us that we have contradiction among our mental condition, how we live, how we judge, how we associate with others, how we work, and what our life should be. Life was created on earth originally, living creatures are not supposed to get sick from the beginning

and remain healthy. However, life is integration with various elements and their synergistic effects, so once you get an opposing structure which doesn't adapt to the wise providence of macrocosm and Nature in your mind, the function of your life will weaken and become sick as a result of a destroyed synergistic effect.

There are some people who are never infected where strong epidemics prevail, because life resistance barrier works and protects the person from catching diseases, or if he falls ill, he recovers quickly. Our body has the power to cure diseases by itself, which is called self-healing. Even the cancer, not doctors but our own life cures it. As medicine, injections and operations just help for curing the disease, you already have a self-healing system, so unless you think of recovery, you won't recover, nor your life activates the healing power, you won't be able to cure the disease. To activate life you need to get rid of anxieties and worries. They are the feeling of death. On the other hand, a sense of security is the feeling of life and makes humans healthy. To avoid anxieties and have a sense of security, you'd better not create conflict of reason and sensibility. To create collaboration of reason and sensibility means that you can solve a problem using the fundamental mind structure in order to live a real human life.

## **Utilization of wisdom**

In order to live a true human life, it is important to make good utilization of wisdom. Knowledge and skills have become obsolete just when you have learned. You cannot trust them completely. So we need to pursue our ability to think of the capability of wisdom. How can we become wise humans and live through this ever-changing reality?

## **Cooperation between reason and sensibility creates wisdom**

As we mentioned before, wisdom signifies the thinking force. It is wisdom that is derived where reason, sensitivity and body work together. It is the best way of life to make good use of the reason for gaining wisdom. On the contrary, the current education in schools promotes the method that a teacher gives students questions and lets them think about it. With this method only reason can grow. Human nature cannot grow when only the brain is trained, which leads mechanical human with a mechanical sense. Ignoring problems and worries coming from our own life, and only rational questions are given, so human nature cannot be nurtured. Presently, this caused the problem which children face presently resulted in rudeness that they don't mind causing others trouble and antipathetic to others, which is common and a hot issue now. They are never sympathetic when bullying other people or even in cases of murder. What is even worse, these behaviors may become their entertainment. We must reflect on the reason why children can have such a low level of sensibility. The reason, I believe, should be attributed to school education emphasizing on reason. Children now only seek self-centered satisfaction from the society around them. Sociability has not been matured enough for them. Sociability is created by the work of reason. To create sociability, reason should be used

to find the way to deal with desire, interest, concern, curiosity, worries, pain and problems without bothering other people. By doing so, reason and sensitivity cooperate in life and the heart comes out as the synergistic effect. Thinking of others from that viewpoint brings about wisdom after the heart grows by giving attention to others, from which sensitivity of sociability is created. Unless sensitivity is humanized, we cannot become humans. When only reason develops but sensitivity is in a childish condition, we can't say it as human beings. The fundamental of the human is sensitivity and the realization of sensitivity should be defined as real "me." To get the heart to feel sensitivity is the proof of being human. Humans can become true humans by developing sensitivity using reason, which leads to sociability as wisdom of living.

From the viewpoint of *The Sensibility based Philosophy*, problem children are considered normal, but children who follow school instruction will be considered problematic. It is normal that one cannot go to school having a human heart. It occurs in real life but only deals with questions of reason, making their brains mechanical. In order to create human beings who have a human mind, which tells you must educate children in a way to relate to problems originating from sensibility, agony and desire to the "reason" because the heart is to be created by the cooperation between reason and sensibility and their synergism.

Wisdom also flows from life. When you reflect on the problem flowing from life using the reason, wisdom comes out through the route that the problem originated from. Therefore, if you don't have a problem from your real life, you can't become a human whose wisdom flows from life.

That is how wisdom is created. The problem you face now pulls out latent potentiality necessary to overcome problems. The appearance of such latent potentiality is wisdom itself.

## **The efforts with your full strength creates wisdom**

Gene is the fruit of life wisdom. Humans have around 30,000 genes in each cell. The human body consists of 60 trillion cells. When a human comes up with a problem and uses up their reason abilities, then wisdom is pulled out from latent potentiality of life. Wisdom surges up from a chromosome that is a bunch of genes. When life faces rapid environmental change and tries hard to survive, a gene, which tries to survive by creating new abilities, takes in the new information and puts the acquirement into chromosomes. So a gene can be said to be a fruit of wisdom from life. The wisdom coming out of human life is a result of the synergetic effects of all 30,000 genes cooperating with each other organically and synergically from the amoeba stage to the human evolution stage. To activate a chromosome and bring your wisdom into full play, we must tackle the problem with our full strength just as primitive creatures (our ancestors) did.

To let wisdom spring out of life, and intellectual power should reach the limit of reason capability, sensibility must use upmost so do the body power. If you tackle the problem with your full strength, life always pulls out wisdom from potentiality. When wisdom comes out, you may be surprised at the result even if it is something you have done, because the ability which you have not had appeared suddenly. This must surely be God's help and you

may even feel God pouring out of your heart, which is the fruit of wisdom of life. When the world record was set at the Olympic games, the athlete was impressed with his or her own record. He or she may feel that he or she achieves this with the help of God. But actually, that is the power of life beyond own power. When you rely on just your power, you will not establish a good record. Whenever you think of something with your reason, inhibitory action will work against you, so you cannot set better records nor surpass your best record. When you acquire real skills, then you can control your feet without thinking. You will set amazing world records when you concentrate single-mindedly on your competition. If you watch yourself on video, you will find yourself attaining much more than you could ever have realized. This is the manifestation of your potential ability and wisdom through your body. Wisdom gushes out from the situation beyond limits.

## **Change the education with the power of wisdom**

Recently people have been discussing reforming education system. To succeed in this change, we should consider what must be taught to students. First, to distinguish what to be taught or not, second reduce the volume what to be taught, finally every student can learn from experience that leads wisdom superior to reason. Moreover, it is important to educate students on how to elicit the wisdom that surpasses rational thinking. Actually in the U.S. such kind of education already introduced. In the U.S., teachers not only teach, but, guide their students by raising their awareness to problems. Compared with the Japanese educational model, American students are growing more and more creative. However, the content of the education is still designed through Reason. So, eventually, the sense of teaching is too strong that surpasses the children's self-growth. This kind of educational problem is common all over the world.

Children are getting sensibility and growing overtime. Their sensibility portrays the negative backlash against current education which old age provide. Children, themselves, may not be aware of the fact, but their lives are demonstrating this fact clearly. If once educational needs meet with their life desires, then and only then, they will be willing to commence study. We must create schools where students can learn with feeling and a sense of contentment from their lives.

To achieve this goal, we need to listen to the voice of history; what is current era demanding? When we look at the current phenomena, the question may occur, "What should we do to change it?". The question is from the uncomfortable feeling which is formed between the ideal status and real ones. It is the history. History is making its claim; "Give me the reason form that coincides with our era!" This may cause uncomfortable feeling.

We must make strides to create the form that history demands. At that time, we must use reason and answer the problem gushing out in reality. To do this, we should not rely on reason alone, but should rely on potential capabilities coming from life, namely "wisdom".

To bring out this wisdom, as I have said earlier, we must make efforts to use up all the power we have now; we cannot have that new era as long as we are still residing in our comfort zones, within our own capability. We are not performing to our utmost potential; we must consume all our power. We

need to become more serious and push ourselves to the furthest extent. We have to strive to reach the ultimate limitation of physical strength, intellectual power and energy. Without such efforts, we can never achieve new era.

## **Evolution of human nature**

So far, three stories have been narrated and they are “Criticism to reason”, “the relation between reason and sensibility” and “the practical use of wisdom”. These three principles are indispensable for the creation of human nature in the post-modern period. The 4<sup>th</sup> principle “the evolution of human nature” which leads post-modern humanity comes next.

## **Transition from “competition” to “cooperation”**

Practically speaking of the 4<sup>th</sup> principle, “evolution of human nature” means, we own the sensitivity, which put greater joy and value of human cooperation rather than win-lose relations. Until today, we humans have experienced our greatest joy in victory. However, we finally come to the realization that we cannot grow or develop by simply winning. From now, to develop, we must learn how to cooperate and not focus on the idea of how to win well. Human being cannot develop by pursuing a principle; instead, cooperation is used only to create the highest synergistic effect. This is because the real purpose of people and companies is not to win but to grow; winning is just one of the methods. Growth through victory is a stage already finished in the 20<sup>th</sup> century.

The future principle of growth is not based on competition but cooperation that fuels the synergistic effect. This principle of growth must evolve out of competition into creativity. This corresponds to a big change in the principle of the evolution of life, changed from the law of the jungle to the survival of the fittest. Also, to change from a vertically structured society to a flat structured one, it is important to change the principle from competition to creation and to shift into a spirit of unification of cooperation and partnership. Moreover, it will be the principle of change from the earth age to the space age. The society dominated by humans collapsed in the 20<sup>th</sup> century. When we look at the collapse of socialist nations, caused by bureaucratic domination; considering the leadership style of authoritarian domination must put on end.

This can also be true to company management; from now on, pursuing only company profit will be of no use, however, if you do want to make a profit, you should think about how your company can best achieve success by cooperating with other companies. This will be the only way to create profit for your company. If you want take minimum risks, cooperation with other companies is the only solution. By proposing cooperation, you can attain the greatest result and new business will be created among area of boundary business. Note that with this new principle, you can develop your company and allow for its growth to build a better society in which you can live peacefully. To realize this, you must first think of evolving your own human nature.



## **Reformation of way of living**

The 5<sup>th</sup> principle of creating human nature in post-modern times is “reformation of your view of life and a life-style.” Until now, ethical moral view of life prevailed so far that these moral and ethical sensibilities and views of that “you should be free from prejudice” and “let us remedy our defects.” These moral and ethical sensibilities and view of life have controlled humans. “You should not be materialistic too much.” “You should not be self-assertive” or “give up your own ego.” These, so to speak, rational and deliberate behaviors have been controlling our ethical sense of values in order to remove prejudice, greed and self-assertive people. However, we as humans, have finally reached the stage of overcoming those ethical values. Now let move to think the way to achieve it.

## **Acknowledge and overcome prejudice**

Prejudice occurs because our physical bodies restrict us, as humans,, so we cannot see things from different viewpoints; based on an insurmountable limit. Moreover, the physical body is not what you hoped to acquire, but the wise macrocosm of providence, Mother Nature, has given us. For that reason, it is natural that human should possess prejudice. Interestingly enough, I would say that discarding prejudice would deceive and betray wise providence and Mother Nature.

If we want to overcome prejudice without discarding it, first of all, we should accept the existence of prejudice honestly. This is the only way to overcome this prejudice. As you have a prejudice which allows you to listen to other people, and you can correct your prejudice. In this way, you can remain modest and make your mind more humane and able to grow your humanity. People who genuinely make an effort to kill prejudice might actually become arrogant because he or she thinks, “I have no prejudice.” On the other hand, truly honest people will admit, “I cannot get rid of my prejudice even if I tried my hardest to do so.” These honest people may be disappointed with themselves; we can see that trying to give up prejudiced beliefs either makes us arrogant or leads us to despair. In order to overcome prejudice, we have to do so with a method suitable for humans, following divine providence.

*“The Sensibility based Philosophy”* says that there is nothing useless in the universe. So, every existence should be made best use of. Only when we admit prejudice, then we will become tolerant toward others opinions. You can be humble to listen and learn something from other opinion. This is the way to make the most of existence and it is a principle for human growth.

## **Material desires created culture and civilization**

It is often said, that you must discard material desires and be satisfied with the situations that you possess. If you become satisfied, you cannot expect any improvement; material desire cannot be thrown away. Material desires, as well as prejudice, exist because we have a physical body. Therefore, denying material desire is actually deceiving and rebelling against divine providence and Mother Nature. To live successful, healthy and productive lives, humans should live following divine providence.

We do not need to give up material desire. Having said that, I do not support humans having just great material desire but we must know the real meaning of this material desire. Material desire will only be meaningful when it is refined and sophisticated through human reason. Through this kind of effort, we humans have created culture, civilization and history.

As long as you only needed something to eat, dietary culture would never have developed. If you wear something only for keeping warm from cold, fashion culture would never have developed. All developments include efforts to change material desire into refined and sophisticated desire. On the basis of material desire, the principle of growth has become the principle of developing culture and civilization. Culture, is really the sophisticated on material desires; tea ceremony have developed from the tea drinking activities. To establish the tea ceremony, people must have made an effort to make the action of tea drinking elegant and refined and part of sophisticated culture. Without that idea, drinking tea alone could not have established the tea ceremony. Human beings have made efforts to convert various basic actions given to us by Mother Nature into elegant and refined customs. And so, we can say that, in this way, human character has been built and human nature has been trained.

## **Atman is a proof of human existence**

There is atman that comes with “me”. And atman is rational awareness against the existence of self. The physical foundation of self-existence is the body since the body and rational mind exist. It is natural that there should be self-assertion. Accordingly, the way to overcome a negative effect of self is to become conscious of the fact that you have atman. The Zen priests assertive and high-handed, in their ascetic practices of renouncing identity; they believe that they have no atman or self and they judge other opinions as selfish and low. In this way, they can appear quite self-righteous. Efforts to renounce identity make us, at times, arrogant or sometimes drive us to despair. If you admit that you have atman, you will become modest. By admitting our atman, humans can grow and change from this small self to a bigger one, from small atman to paramatman. In Buddhism or Lao-tze, Chuang-tzu beliefs, there is an expression, Paramatman, which means “the mind of Buddha” and “heavenly mind”. In the *The Sensibility based Philosophy* there is a word of Paramatman which is different from Buddhist or Lao-tze, Chuang-tzu beliefs. *The Sensibility based Philosophy* devote ourselves to become human. Therefore, Paramatman does not mean that you have to have your own mind like Buddha, but means that you should possess a broad-minded human nature; so you can associate with motorcycle-gangs or even conversate with scholars. To make human nature broader and broader is to make Paramatman in *The Sensibility based Philosophy*. This is the task to attain humanity. How can you grow yourself without Paramatman? Paramatman is nothing but proof of human existence with individual personality. However, why does Buddhism teach us to renounce “ourselves”? Because, if you own a self, you will not be able to grow to acquire the Paramatman like Buddha. To attain personal growth to reach the condition like Buddha by renouncing self-assertion, Buddha says, you need to “bear mercy in your mind!” For that doctrine, there

is the ten-world theory in the Buddhist ascetic training system. At the very bottom is the world of the Abyss, above that is the world of Preta, next, the Brute world, the Aceldama world, the Human world, the heavenly world, the Shoumon world, the Engaku world and the Bodhisattva world.

The highest one is the world of the Saints. To reach the Paramatman of Buddha you must climb up this ladder, and renounce the self in the Human world. Therefore, Buddhism tells us to renounce self. According to the *The Sensibility based Philosophy*, you must renounce your lesser self. Strictly speaking, you do not have to give up your lesser self but admit that your lesser self exists. It will end up making the self ever bigger. Self is proof of human existence with character; without self, human beings cannot grow. People are able to create a modest mind peculiar to human awareness of self. And we, as humans, can grow as people while learning something from the thinking and viewpoints of others.

### **Good and bad points are half each**

The basic principle of the providence of macrocosm is the balance of minus energy and plus energy. The macrocosm keeps order through these two energies. Balance humanity is created through providence. So from the beginning, humans are required to maintain this balance of humanity under the system of half-good and half-bad. Any person has bad points that never disappear; no human beings exist without bad points, so a human without bad points cannot be a human. Depending on each individual, good and bad points are different. Good and Bad points changes with the person who has relations, also points will change in the relationship with others. But in any cases, you will always have half-good and half-bad which are unchangeable. Judging from some standards, the right side and the left side are half and half; the macrocosm is composed of this kind of rule. There is a front and a back in real life; there's no front without back. Front and back, right and left, top and bottom, male and female; all of them are pairs. Humanity is also structured in pairs with good and bad points as one set. If you try to rid yourself of your bad point, you will end up a boring and common person; because you make an effort to discard the bad point which, will never disappear anyway, your good point will no longer develop. The intention of the macrocosm is to develop a bad point that can be much better and it is important to do useful work by developing your good point.

Unless the good point is developed, the bad point will remain the same as a demerit; so finally it will be stood out. The person, whom others admit to be superior, seems to have little conspicuous bad points because the points change into a flavor of real human nature. This is the dynamism of life and principle; you must make the best use of both strong and weak points. When you are admired by others for your virtue, ordinary people are apt to be arrogant. However, if you are aware of your weakness and strength, you can be modest. Therefore, you should keep your weakness and, in essence, do not need to get rid of them. Being aware of your weakness, you will attain a real sense of humanity.

## **Accept everything**

If you possess weakness trait you would never accept, you should not possess the ideas of eliminating it. At that time, what you should do instead, is to carefully let the bad point be revealed. When we possess a negative consciousness, we will end up getting ill. In life, nothing is more harmful than negative thinking; it is important to try to learn from disease, failure and wrongdoing without thinking negatively. There is always something to learn in any kind of experience, and only people who have had a particular experience can understand it; those people can learn something from it. Therefore, everything must be positive and all sorts of experience have the ability to teach us something; if you live by this attitude, life will be healthier for you. All these things add up and eventually lead to success in life. Negative insight, or ethical view of human perfection must be swept away. Real human life style will be given through it. We need to make the best use of prejudice, material desire, atman and shortcomings. By being faithful to the principle of “making use of the existence”, you must have new human and life conceptions to best embody the providence of macrocosm. Without such life conceptions, you cannot become an individual who can attain wisdom coming era.

## **Sensibility sense of judgment ability**

To create human nature of post-modern ages, the 6<sup>th</sup> principle is to value “sensibility sense of judgment ability” as important, to judge whether a subject is comfortable or not. Namely, judging something pleasant or not is an overall judgment from human nature, which appears when reason, sensitivity and the physical body work together, synergistically. That is not just from sensitivity but corporation of reason and body. These principles will lead to right decision as humans.

## **Pleasant feeling or not**

A judgment made from reason alone may be biased, because the physical body and sensibility do not work together. Reason breaks off your sense of value, as good or bad, right or wrong, so consequently, some outstanding talent is destroyed; humanity cannot be made good use of. For instance, the former Premier Kakuei Tanaka, a great politician, was judged with the trifling theory of right or wrong. In my opinion, this was a shameless incident for the Japanese people; he could have continued working a lot more using his capabilities. Whatever he had learned from his wrongdoing, should have been made good use of and he should have been allowed to resume his work. This would have been better for Japan. The most important thing is to judge by humanistically and synthetically not by the standard of biased good or bad or true or false. By judging people as rational, biased or narrow-minded, we are perceived as breaking off from existence and we lose sight of general common sense; a shallow understanding of humanity by modern people is exposed here.

To educate the children of today, the principle of sensitive judgment, “comfortable feeling or not”, is of paramount importance. The idea of “good” or “bad” actions should not be taught by theory or logic. Instead, parents should demonstrate them to their children. Children should be asked what they felt most comfortable after showing a various patterns. Follow the appropriate answer of something like “this is the best”. They should focus on what makes them feel best; no logic is needed; simply appealing to sensibility is better.

For instance, in the case of putting one`s shoes in order, simply take a photo and show various options for doing so. Then let them go for it. Just ask children which option gives them the best feeling. When the children answer “This is the best” so you can then confirm and affirm their choice. Especially kinder garden through elementary school education must use this method, otherwise, today`s children will not and cannot be convinced.

Nowadays, children are not as rational-minded as before, but instead, more sensibility-oriented; they are attempting to live by putting stress on the reality of sensibility and real intentions. Therefore, if deliberate behaviors with rational-minded logic were to be used them, children would turn away. At least, elementary school education may be enough if children are taught only the question of “good feeling or not.” As young children, this would suffice because they have a strong sensibility, but this would not be enough when they grew up and became adults.

I mentioned six principles were discussed as tools to bring humanity out of the modern era. To cope with the trends of a new era , change is required based on these principles. Guiding principles that I have to mention consists six concepts. In the next chapter, I will explain in detail, the content of the six principles.

## **Chapter three: true nature, structure and functions of sensibility**

### **Revolution of human perspective**

In this chapter, I will explain the “principle of sensibility” in detail. Namely, what is the essence of sensibility? What structure does it have and how it works? These are the themes that will be explored here. As the preliminary step to understand sensibility in principle, I have to talk about the necessity of “alternation of human perspective” first. If not starting from this point, we cannot clarify problem and necessity of sensibility. Let’s begin with why we need and how human philosophy to be altered.

### **Problems associated with a dualistic human perspective**

Since the dawn of primitive religion, human beings have attempted to understand based on the dualistic human perspective; this is the idea that humans are a combination of the spirit and physical body. Today, fewer people possess this kind of simple dualistic human philosophy, but it is not completely overcome yet. This kind of dualistic human philosophy based on a religious viewpoint, i.e. humans are integrated with a “physical body originated from animals” and a “spirit originated from God”. It caused the perspective that the spirit originated from God controls and the body originated from animals. The belief arose that one person has these dual selves; one is the self originated from body, and the other, is the self from the spirit; this idea remains even now.

“Me”, is the self that originates from the body, in other words. There is a self that belongs to desire, instinct and emotion, while, another self exists, which originated from spirit and that is felt as reason. In dualism, two different selves exist in one person; so the self as the reason, have to control the self with instinct and desire, as had been thought, we cannot live as human beings. This had been a common idea for a long time.

However, the idea of two different selves existing in one person, from the viewpoint of a principle, is the human view of “autotemnous”. It can be thought that there are two different selves in one’s self but if there are two selves, we must acknowledge that, actually, there is only one in ourselves. When crying, thinking and performing any kind of action, there is only one self, just you, doing these things. Therefore, there is no alternative but to realize that you are alone and there is only one self. I wouldn’t say that it is a bad idea to have a concept of “autotemnous” but it cannot be any help to solve many problems.

As I mentioned before, it is Freud who first brought up the concept of “autotemnous”. Freud pointed out, that the way of life, with strong control on creature desires, emotion and instinct, through the reason originated from God, is stressful. It also causes emotional breakdown, hysteria and a number of other mental diseases and medical illnesses. Viewing human beings as dualistic creates, in the final sense, result in a “conflict” in self.

Furthermore, dualism human perspective prevents integrating the self; because conflicts are involved in our self. It's a big problem that the conflicts between reason and desire, reason and emotion, and reason and instinct.

## **Self is actual feeling and ego is concept**

In this way "autotemnous" is considered to be a mental condition with many problems, but as long as we are human beings, we could experience "autotemnous" as the "self-awareness". "Self-awareness" is explained as follows: consciousness breaks up to form two minds of "the watching mind" and "the mind being watched" which are to be resolved in the course of time and development. In addition, this breakup brings about the awareness of ego. It is quite obvious that self is simply the compilation of stored experience in one's consciousness and the capabilities of the rational mind develop in this self; the rational mind develops in self, which can also be seen in the process of learning a language. Children start learning words gradually at the age of two or three. At this time, they put words and experiences together and then learn them. By using them, they can communicate and make up sentence. Reason grows and develops on the basis of learning words because it is closely related to the occurrence of incidents and experience. Therefore it can be said that rational thinking grows in self. As the reason makes rapid progress, the time eventually comes when concepts in the reason surpass the self-world of experience and occurrences. This is the moment when "self-awareness" arises. After all, "self-awareness" is simply the point at which the rational mind begins to work independently from the world of self. Self is "the world of a real feeling" where desires and emotion dominate. On the other hand, ego is "the world of concept" which the reason controls. The reason grows on the basis of common language, which can be defined as the capacities of "objectivity" and "universality". After all, the ability of reason has grown with language through experience and occurrence, and you will surmount the "self" controlled by experience and occurrence and then your ego will be awakened.

Once your ego is awakened, your "watching mind" will become able to educate your "mind being watched" That is to say, you can teach yourself. In that sense, and from the viewpoint of pedagogy, "self-awareness" will be a turning point. If you are not aware of self, you will not grow without being taught. If so, "You cannot make yourself what you really want to be" that would be a problem. It is said that children today are able to awaken themselves between the ages of 13 and 15 and that they set their mind on learning at the age of 15. At this point, the self and ego break up and the consciousness of "self as ego" and "self as oneself" arises. At the same time, "self as reason" and "self as instinct" appear. Thus, the consciousness of dualistic selves in one person does not only come from a traditional and dualistic human view; but anyone in any period experiences in the human growth process.

## **Life suffers from denial and opposition of consciousness**

Anyone can experience “self-break up” in he or her growing process and it is unavoidable. However, this does not mean that you leave the break-up of self and ego as it is because the factor of conflict will be revealed and become a big problem. Life ties up all the elements that consist in the system of living organically, with the synergistic effect of cooperation. Therefore, if you get even a tiny divisive factor, life will be destroyed, vital power will weaken and you will be vulnerable to get sick. As mentioned earlier, Freud pointed this out from the psychiatric medicine viewpoint.

The reason why humans become vulnerable to get sick through divisive factors in life that disturbs the synergetic effect of life from full play to its ability. The condition of disease arises from a conflict of factors that organize life. On the other hand, health is a condition, where, the factors organizing life cooperate systematically and synergistically. Therefore, the conflicts of reason and instinct, reason and sensibility, reason and emotion, reason and desire, all these destroy the synergetic effect of life and cause disease. If you believe that reason is absolute and view instinct, emotion and desire as negative ones, some part of the body will be hurt.

This has been medically proven. In one study, participants who are forced to be placed into stressful conditions and their stomachs checked with a gastro camera, their stomachs were found inflamed and minor ulcers were observed. Conflict and negative emotion may cause small inflammation or made a hole in the stomach. When someone is oppressed, controlled and conflicted, suffers stomach hole or in the worst case, whole internal organs become sick. Also, when you experience terrible conflict in human relationships, have a grudge against someone, experience jealousy or harbor negative feelings about the outside world, you will, inevitably, become ill. Life is not a closed system but an open one; hence life cannot survive without taking in something from outside. Namely, the outer world, the environment and life are integrated and can never be separated. If we view this relationship at large, we can say that life is integrated with the whole universe. As life exists as a part of its involvement in the entire universe, so any intention of breaking off ties with the universe, life will lose all its power. Since the relationship between the earth and life is not visible, it may be hard to tell. Yet, when we have examined people who have actually become ill, most of them have negative or opposing feelings or have an ethically strictly or fastidious character; they blame themselves. This is confirmed through the collaborative research of medical and psychological studies in the field of psychiatric internal medicine. Having a closed uncommunicative sense means that some parts of body will surely experience trouble.

In another words, it may be said that positive thinking helps the body, while negative thinking (conflict mind, hostile mind) destroys the body. Negative thinking spoils and destroys the body from the inside. Therefore, we must try not to go through life harboring negative thoughts. This is what we need to maintain our health. Buddhist ascetic practices aim at alienating negative thinking and at filling the mind with positive thinking instead. Buddhism, through long tradition and experience, emphasizes “Good thinking makes humans healthy and live long” and this is of paramount importance and is essential, so we must bear this in mind at all cost.



## **What is “me”?**

Freud pointed out conflict between self and ego causes diseases. And he indicated the possibility of disease treatments by releasing desires from domination of reason. Still, even Freud couldn't prop up the new human view, replacing the dualism of human view. But, it has become the earnest problem for us that life shouldn't be perceived as break up condition. Only I alone behave running, thinking, and crying. Unless you seek such “integrated self” somewhere, you cannot overcome the conflicted structure that Freud pointed out. How can you overcome the conflicts between self and ego, instinct and reason? It is very important considering this theme, because we can move beyond dualistic theory and develop into monistic human view as real life status.

In the modern period, people thought that the essence of humans was reason and tried to streamline everything by reason. As a result, human nature was destroyed and various problems occurred. But as I mentioned above, human life consists of body, reason and emotion cooperating with each other and reason doesn't control the whole thing unilaterally. Without noticing this and with having viewed reason as the most important aspect, humanity has been twisted. Then a problem arises, when we try to work three factors; body, reason and sensitivity organically and systematically? It is widely required consideration about self on the life view. If this cannot be solved, the integration of self and ego fails. How can we reach integrate self and ego? How can we enable to work reason and desires cooperate together? We must seek after the meaning of the principle of organic nature. This issue has not been treated in the field of philosophy yet. After the WW II in France somatic theory became popular, “Mind and body as one” or “visible and invisible self as the self” are Buddhist thoughts. These thoughts mean that materialistic and mental things are related and exist as the universe and humans. And the unity of body and mind are considered as one. However, we haven't proved yet how they are tied with each other. Beyond the dualistic human view as the principle, now how should the mission be conducted to find “the only self?” Let's think of it from now!

## **Materialism thinks that ”me=body”**

What is “me” so to speak? What is the ground of “me”? This has been the theme of philosophy for a long time. Various hypotheses have been issued. Materialism philosophy considered "me is just a body." Classical materialism urged that the body is merely body, but recent philosophy of materialism urges physical factors constitutes physical body as “me” and “ultimate existence of the universe.”

However, this interpretation is unnatural because the cells creatures replace all of themselves in about six months to two years. If we think that the physical body is the ground for consciousness of self, we will have to think that we would change to different people in six months through to two years. The human body resembles like a running river. It is replaced by metabolism in a continuous interchange with the outer world. But “me” is the same person since being born. Whether young or old, I will be the same person as

the “me” inside myself. Therefore, “the physical body cannot be defined as the ground of one’s own consciousness.” This cannot be understood easily by only logic. This idea may be understood much better by thinking “sensibility creates body” and will be described in next chapter.

### **Possibility for reason as the basis of “me”**

If the physical body cannot be the ground of “me”, can reason replace it? Can the existence of the reason be the ground of “me” as consciousness? Humans are born with 14 billion cerebral cells which are only part of the body not the reason itself. As mentioned earlier, the ability of the reason appears through the work of combining words with reality and cerebral cells memorize the words. Therefore, reason doesn’t exist when you are born. It means that the reason cannot be the ground of “me”.

As I introduced the wolf girl in the former chapter, reason is not a latent ability by nature. Reason is the ability that is acquired by making an effort for oneself after birth. Some philosophers don’t distinguish between reason and sensibility so clearly and are all taken together as spirit. Reason is an ability that combines concept by concept through the time path. The feelings such as sweet, sour or interesting is generated by the ability of sensibility. Sensibility is the ability without any reasons and doesn’t need time process. Sensitivity and reason are fundamentally different and cannot be combined. It is unnatural to think so. Anyway, reason cannot be regarded as human nature and the ground of “me”.

German idealism philosophy distinguishes between reason, a high-class ability among various abilities owned by human spirit, and sensibility, which is low-class ability. But this distinction is fundamentally a mistake on principle to begin with. The idealism or Christian theology urges that sensibility is the ability commonly shared with animals but human beings exclusively own reason. So sensitivity is low class. It takes a stand on dualistic theory that human beings are combined body of high-class spirit as reason and low-class ability as sensibility. Since reason and sensibility are different in principle, so this kind of idea cannot make sense.

*The Sensibility based Philosophy* doesn’t consider reason as high-class and sensitivity as low-class. It grasps the abilities of thinking = rational mind and feeling = sensitivity which are entirely different kind and equal value inside humans. By the way, the recent study of psychology and physiology shows that people are always dreaming while they are asleep. They are aware of having a dream, while shallow sleep. Actually people seem to have a dream even when they sleep soundly. Dreaming is not a function of “thinking” by reason but “feeling” by sensibility. As being conscious of a dream is not by reason but a consciousness of sensibility. The reason starts only when waking up, so during sleep, it doesn’t exist nor functioning.

Now what we can conclude from the above is the nature of reason can exist only in function. It cannot exist separate from the brain. Existence of the brain and the nature of reason are quite different at bottom. The brain exists as a part of body but reason does not exist when brain isn’t working. The German philosopher Hegel thought that the macrocosm is controlled by the nature of reason. The ability of reason can only exist as a function.

In philosophical thinking, it becomes very important matter whether existing as functioning or existing as existing. In recent scientific materialism, cerebral existence is the ground of mind. Namely, the nature of reason and sensibility can be created in the process of development of substance of the brain, so reason exists based on brain and the mind depends on substance. That is to say, the brain is proof of the existence of reason. But as mentioned, the ability of reason comes not with birth but acquire at the age of 2 or 3. Reason only works as a function and doesn't exist when not being used while sleeping. In that sense the existence of the brain cannot explain the existence of reason, as the grounds of consciousness of "me".

### **"Me" is underlain by sensibility**

Now can sensibility explain the existence of consciousness of "me"? The moment a human is born, he or she feels something. Furthermore, even an embryo of human, his or her sensibility is already working. Moreover, as I already mentioned, even in an unconscious condition sensibility is still working. Sensibility is working all the time while dreaming, breathing and internal organs are working during sleep. Human death is confirmed, when all functions of sensibility disappear from life completely. Even if a heart stops beating or breathing stops, it won't mean death. Death means the condition when the function of sensibility in the body stops completely. Generally, to confirm the death of a person, pupillary reflex will be checked. Shine the penlight to pupils, if there is a response from them, the person should be alive, and no response should mean death. However, human death cannot be confirmed only by pupillary reflex because each cell is still living even without pupillary reflex. Living human life means that the condition of the human body consists of 60 trillion cells integrated as one life. When the integration ability is lost, this condition is called death. Even pupillary reflex is calm death but still each of the 60 trillion cells is living. So strictly speaking, it may not be the dead condition. It might be restored to life. The borderline between life and death is very subtle. Sensibility resides inside of each cell that supports life. If cells are living, life can be restored and integrated. Therefore, when a person is sentenced death on his bed but if each cell is still living, he or she cannot be entirely dead. Brain death does not mean life's death. As sensibility acting before a person's birth, humans die when sensibility stops working. In short, sensibility is the existence, which has been acting since a person is born without break. Thus, only sensibility supports the consciousness of "me" at the bottom. We must admit that the consciousness of "me" is supported by existence of sensibility without any logic.

### **Body and spirit are integrated by sensibility**

We often talk about *honne* (honest feelings) and *tatemae* (official stance). The attitude "honne" is "realization of sensibility" i.e. "real me." On the other hand *tatemae* is the condition of deceiving "me" by reason. When you see these facts like this, you will see how far away reason exists from "me". *Honne*, honest feelings as realization of sensibility expresses oneself and also sensibility supports the existence of "me." Then, strictly speaking,

our activity of “thinking” means that sensibility uses reason to think. Also, when we move our physical body that means sensibility makes our body move. These are what we must think about. Namely, desire welling up from life (sensibility) without logic and then reason starts thinking and the physical body starts moving, which makes life active.

Physical body and mind are also supported by sensibility function. “Me” as we call it, is not reason nor body but sensibility. “Me” as the sensibility is the subject which integrates one’s self and ego on the bottom and also combines reason and body fundamentally. Therefore, without desires welling up from sensibility, the physical body or mind cannot be activated.

*The Sensibility based Philosophy* expresses the fact that “mind and body are fundamentally integrated by sensibility” regarding as “humanity system.” I will tell you about that in more detail.

## **True nature of sensibility**

This time let’s think of sensibility as the ground of consciousness of “me.” That means what sensibility is. As a conclusion, here, the nature of sensibility is “Seeking sensibility.” Now what is “Seeking sensibility”? I would like to pursue the subject to begin with.

## **True nature of sensibility is “Seeking sensibility”**

So far the essence of sensibility has been said to be susceptible or sensitivity. Being sensitive has been considered to be a passive ability, which is triggered by outside stimulus. Today, sensibility is not something passive like sensitive nature, but we are getting to know that sensibility is much more positive and active. That has become obvious by the study of single-celled organisms. In fact, not only humans but also single-celled organisms possess sensitivity. From the biological viewpoint, that is nature of “taxis.” Single-celled organisms moving toward light is called photo taxis. Photo taxis is not the nature of moving only by a single stimulus, but responding to the light chosen from among a lot of stimuli. In short the natures of positivity and independence that are abilities of selecting information can be found there.

Also, plants grow their branches toward light and extend their roots seeking water. The top points of stems of morning glories and ivies can be seen to move and look for something to cling to observed by high-speed photography. When the stems find it, they intertwine with it. After all, they are seeking it by themselves by their stems moving around. By these research, we found out that sensibility is not a passive sense but selective and subjective. Sensibility is not only a passive ability but also a positively conscious ability of being active. Seeking information and being conscious are the functions of sensibility in order to survive. That is Seeking sensibility working.

A human has eyes and ears, so tries to see and hear. So do many living things seek information and feel positively that is necessary for surviving. Plants extend their stems and roots toward light and water because these are needed for survival. The discernment of plants’ sensibility is in pursuit of this necessity. The nature of science is observing things objectively from outside. Stems are growing by sunlight, which is stimulus. Science analyzes

plants are growing by stimulus. That is the sensibility works there. However, philosophy is a study for observing things from inside. So the reason why stems are growing toward sunlight is that they need sunlight to survive. Therefore, the Seeking sensibility affects it.

Now, why is the real nature of sensibility is not the sensitivity but Seeking sensibility? It can be understood from the fact that the function of receiving is supported by the function of seeking. Without the seeking mind accepting is impossible. Even though a person who possesses great sensitivity, he or she can see or hear only when he or she bears them in mind. Only what you are interested in and did with desire can stored in your mind. After all, unless you desire, nothing comes into your mind. As for sensitivity, you must seek first then it will heighten. Therefore, the real nature of sensibility is Seeking sensibility and sensitivity attributes to phenomenon of the sensibility.

### **Live by following sensibility**

The physical body and the spirit are integrated by sensibility and human nature is defined by sensibility, “me” is Seeking sensibility. So, it is natural for us to live in conformity to desires welling up from sensibility. That must not be denied and must be esteemed highly. To deny desires means you deny yourself. Desires welling up from sensibility are what life teaching us the purposes of our life and helping us attain them. However, humans ignore the sensibility that leads us to the destination but we decide by reason judgments where you should go and what the direction should be. But if we really want to live a happy life, it is important to find a desire welling up from our own sensibility, not created by reason. Because, happiness for humans reside in the condition where we can do what we want. In that state of your life you will have freedom and a sense of openness. Unhappiness exists when you cannot do what you want to do. Without desire of what to do, no humans have happiness nor unhappiness. Seeking and gaining what you need in your life positively generate real motivation and feelings of happiness. Originally, desires welling up from life are normal and generate a healthy lifestyle. When you have this kind of desire, you will become positive and active. And your interest will focus on to your nature and talent. On the other hand the target created intentionally only by reason without relation to desires cannot be followed by “sensibility.” As a result, in the course of avoiding reason control thoughts and desires are generated. Having a distorted sexual desire is from distortion of sensibility trying to evade the control of reason in principle. This should be seriously considered in modern education. The current educational system has put too much on reason. The inflated reason generates something controlling and oppressing human lives. As children have eyes, reason, hands, legs and ears, so they are eager to see, to know, to touch, to move about and to hear. In spite of that, mothers nowadays say “No” to their children too often. If those mothers cultivate the children’s sensibility as they are, the children may become genius, but their chances are taken away hopelessly. “It’s dangerous” they are told by their mothers and positivity of sensibility is removed and lose the motivation. How hard the children study, they just give sufferings from life format. They will never be provided happy life.

If children can study what really interests them systematically, they will show their wonderful ability to the fullest. Surprisingly a Korean child aged five had solved a math quiz, which even university professors couldn't solve. Even a 5-year-old child after getting interested in math could do such a thing easily. Children's ability is much greater than adults can imagine. Once they get an interest, children can learn the things easily that adults can't with ease.

Therefore, until 10 years old, it is important for children to read wonderful stories and attractive words again and again until they can memorize, and that makes them the condition where they can say the words freely without thinking. Then they can bring out the nature of sensibility, seeking for their interests positively and actively.

In the sensibility, various wonderful abilities are hidden. Activeness, subjectiveness, positivity and selective power can be gained by developing the sensibility. These characters cannot be generated from reason or rationality. Sensibility is the source of these characters. Then the things coming from sensibility should be esteemed highly. We seek information in order to live better life. Like we study as to collect information needed to live. To think of it, a teacher shouldn't judge his or her student to do this "one". But he or she should teach what the student really needs; otherwise the student cannot master anything. Some people say it may be said that their knowledge will be slanted, if such a thing is done to children. But in order to use their special knowledge in real life, the knowledge of another field related to it will be needed in future, so finally there's no possibility to get slanted knowledge. The problem exists in teaching the knowledge not in need now. When they have no interest and the knowledge becomes crammed by force, their sensibility will be crushed to death.

If Seeking sensibility is enforced and heightened, the recipient's sensitivity will be refined. So, to promote Seeking sensibility, you must check your honest feelings and feeling of reality strictly, just pursue what fulfills and satisfies your heart until you catch it. Most importantly, you shouldn't deny anything coming from sensibility.

No person can do anything without something welled from life. Attaining what you want in life can generate satisfaction in life. In order to achieve it, accomplishing the goal we set goals, having a dream, an ideal and hopes. At the bottom of that kind person's activity Seeking sensibility can be found. The reason why a human pursues a dream, a hope and an ideal in his life is originated by function of Seeking sensibility welling up without reason.

Seeking sensibility is the power, which seeks what satisfies one's mind from the bottom of heart. What satisfies one's heart is "truth" and "strong emotion." Everybody is living with seeking for the truth. When they found what sensibility is seeking, one feels true emotional impression.

Humans act because sensibility requires it. The active power does not come from reason, but out of Seeking sensibility. The word emotion or impression consist of "sensibility" and "move" literally in Japanese. Unless you are moved, real human active power will not appear. After all, when sensibility tries to find something that we really requires, the active power of humans can be exercise and one can enjoy happiness and fulfillment. Once we really hope to lead a fulfilling life, we must listen carefully to the voice of sensibility.

## **The Function of sensibility**

I have talked about the fundamental sensibility, which is Seeking sensibility. Then what structure does Seeking sensibility have and how it works?

### **Seeking sensibility has an equilibrium function**

Seeking sensibility has equilibrium as biological term. This equilibrium is not the function of keeping planar balance like a seesaw but functioning in a spherical object, so-called an organism. This is also called homeostasis. Homeostasis has a meaning of “Dynamic stability” “Dynamic order” and is a function of generating the stable condition in the dynamic movement. This word of homeostasis can be expressed “chaos” in the current popular word. “Chaos” is translated *konton* in Japanese, but the original meaning is to work “searching for an order.” In short, chaos is surely the condition of no order. But it is not only in the non-order condition, but also in the condition of searching for order. Equilibrium action coming from the function of searching for order is called homeostasis. There is a philosophical methodology called phenomenological analysis, which is to find out what structure makes it possible to maintain this homeostasis. This analyzes some phenomena with its nature, structure and principle at the bottom of the phenomena. For example, the phenomenon of light is seen through a prism, the light disperses into seven color corrugations and that fusion becomes white light. This is the same way homeostasis is analyzed in phenomenological way. Then it will be found in what structure it owns through phenomenological analysis.

When homeostasis is analyzed in phenomenological analysis, we found out that three functions are working to realize homeostasis in the three dimensional organic structure. Those three functions are harmony, rationality and integration. These are coming out of the Seeking sensibility and called “three functions of sensibility“ in *The Sensibility based Philosophy*. Now let’s see what kind of function each of them takes on.

### **Three functions of sensibility-----harmony, rationality and integration**

First of all, in order for homeostasis to work out in the organic systematic structure as a living thing, harmony is needed first. The most important matter of life is harmony with the environment. Based on harmony with atmosphere, the old gives way to the new and it supports life. Therefore, harmony is the function that life must keep at the deepest bottom. The next important matter is the function of rationality. Without it, homeostasis, which is the state stabilized dynamically, won’t come out. Now what is function of rationality? “Rationality” literally means, “be reasonable” in Japanese. But the original meaning of rationality is “to meet with the purpose.” That is to say, to match the purpose is rationality and to realize the most accurate spot-on method is “rational.” Generally, we say, “that person is rational”, many people think the person who behaves reasonably. The meaning of rational in this

case is the reasonable with mathematical meaning. But humans set this rational standard at their convenience. The rationality, which works in the great nature, is different from the one of mathematical meaning. This is the closely fitting method to realize the purpose, and rationality works to “meet with the purpose.”

Then, what is the rational function of “meeting with the purpose” like? And what is the condition of the dynamic harmony function acting to reach the way with consciousness of the purpose to keep the stability? To keep the condition of “ stability” in the dynamic change of homeostasis, harmony is not enough, so there must be the rationality, which creates the state meeting with the purpose.

At this point we must pay attention to the meaning of the word, “function.” What is function? The meaning of harmony function is seeking for the harmony in the changing conditions. At the same time rational function is to work in the condition of meeting with the purpose. After all the function is not something fixed but something to keep pursuing action, please keep that in mind. The third function to support the equilibrium action of Seeking sensibility is integration. In multi-cellular creatures called an organism, there must be the function of integration that helps the whole into one in order to exist. This is also the function of pursuing the integration in the changing and groping continuously. Thus, through the phenomenological analysis of homeostasis, we can find out that there must be three functions of harmony, rationality and integration at the bottom. This is called “ Three functions of sensibility”. In the nature of sensibility, Seeking sensibility is acting with these three functions. Consequently sensibility has the purpose of pursuing harmony, rationality and integration and also works for seeking harmony, integration and rationality. So this is the Seeking sensitivity.

## **An intuition and know-how gained from three functions**

It has been said that the Seeking sensitivity is the power of feeling and pursuing the required information for oneself. But it is the Seeking sensitivity seen from outside phenomena. When seeing it from inside i.e. function and acting, it is the power of action with pursuing and seeking for harmony, rationality and integration. Once these three functions fully integrated to humans, then intuition and know-how start acting. These are coming from these three functions of sensibility.

In old days temple builders used to build without close calculations unlike today’s architecture. They used to think how to combine the materials to build a building close to life with the intuition and know-how for building. The last temple builder of Showa era, Mr. Tsuneichi Nishioka wrote many anecdotes such as Horyuji temple repair work. Life dwells in the buildings made with the intuition and know-how. The buildings built with the modern technology, are easily destroyed by earthquake and won’t last 100 years. The buildings built with intuition and know-how can last hundreds years or thousands years because of them. Also, those buildings have own lives. Life can dwell there because those buildings are used with the essence of life, harmony, rationality and integration those seek for the most ideal state. Those kinds of buildings are built in the power of pursuing the stability.



Modern buildings are built by mathematical principle called rationality. However, rationality cannot create lives. One set of the three functions of sensibility can make it possible to create life. Therefore, the buildings built by intuition and know-how of the three functions is dwelt by life and is not damaged by a small-scaled typhoon or earthquake. The three functions are the principle of life; all the activities of living things are on basis of these three functions. If these three functions are not active, life won't be stabilized and it will be dead.

Therefore, the important matter is not to pursue the state of fixed harmony, rationality and integration, but to live with seeking them in the changing condition. The vital power of humans and organization is determined by whether humans and organization work in such a way or not. In life, stabilized condition means dying. The function of seeking harmony, rationality and integration as a whole is the state of living and life.

### **Self-healing power kept by the three functions of sensibility**

Equilibrium function is expressed in the organism as a whole with the three functions of sensibility which is the homeostasis working in life. Then how is homeostasis acting in life? The easiest way to see is how it maintains health condition. It is often said that humans have natural healing power. Natural healing power is the power to return to the healthy condition when health is getting out of good condition. Human life has some allowance and limit. If blood pressure, blood sugar and uric acid, figures are within "the limits of healthy" made by the three functions of sensibility, they will be sustainable. When within the limits, natural healing power works, and so it will be the condition of the healing power working. In such a condition humans stay healthy. This is one of the homeostasis capabilities.

Once deviating from the limits of a healthy condition, the natural healing power will be lost. Once getting in this kind of condition, you need to take medicine or get an injection to recover until your natural healing power returns. Natural healing power provided with a sensibility always works to keep the body in a healthy condition, but beyond the healthy condition, unless amending the part beyond the limits; it won't cure the part, which is disease condition. As human life was born on the earth, and so humans are designed to cure any diseases by themselves. The life born on the earth is given the life power not to get sick in this global atmosphere and to live a healthy life. However some humans still get sick is that humans are protected by cultural things and separated from the nature. So the natural healing power is getting weaker and weaker. In the air-conditioned room you spend most of the time, you will not be able to adjust your body to the nature and weaken the healing power, which means you are creating the condition of getting sick by yourself. Healing power is kept by the three functions of sensibility. Those functions of sensibility are no doubt viability itself. The strength of viability depends on the width of healing power. In that meaning, it's better to expose yourself to the heat in summer and to cold in winter, otherwise your healing power will get weaker and weaker. Finally you won't cure diseases by yourself, which means viability declines.

## **Three functions of sensibility making the origin of human way**

Humans seek after truth, virtue and beauty, which is by the functions of sensibility. Virtue means well balanced in human relation. Evil means destroying the balance of human relation. Therefore, harmony among the three functions is the origin of the heart of pursuing the virtue. Realizing the harmony rationally causes the mind to seek after the virtue in human and come out a drive. Only humans can seek after virtue. Rationality is the origin of the mind function seeking after the truth. Integration is the origin of the mind function seeking after beauty. Humans seek after truth, virtue and beauty, because these origins exist in the three functions of sensibility. Conscience is also generated by the three functions. "Conscience works" people say. Conscience is when you make trouble to others, feel sorry or feel like apologizing to them. On the other hand, conscience doesn't work mean you don't feel sorry at all, when you make trouble to others. After all, conscience works, and you feel your heart or a feeling that needs to be altered and restored when you did something immoral. These feelings are also by the three functions of sensibility. And so the origin of conscience has three functions. Therefore, conscience occurs from sensibility, not logic. The three functions of sensibility is an important principle that has its controls in the core of human mind. To act by the three functions (harmony, rationality and integration) of Seeking sensibility is the origin of moral principle. Moral principle is formed by the three functions and Seeking sensibility. If it does not work out, humans will become immoral which means a twisted humanity.

## **The structure of sensibility**

In this chapter the explanation pivots on "nature of sensibility", "function of sensibility" and "structure of sensibility." These are very important themes to understand separately, what sensibility is because sensibility works in human life as the combination of these three. Based on these kinds of principles, when we are thinking of politics, history, culture, management and education, various kinds of systems can be thought. Some things in the core of all the systems of sensibility are Seeking sensibility (Nature of sensibility), three functions of sensibility (function of sensibility) and "structure of sensibility." The last one, I am going to talk about.

## **Mind=sensibility of feeling value and real meaning**

Nature of sensibility is Seeking sensibility as mentioned, which is the function of seeking after harmony, rationality and integration. Seen from the structure viewpoint, over the Seeking sensibility, there is a "phenomena of sensibility." The phenomena of sensibility are, generally speaking, sense, instinct, desires and emotion so called, "sensibility's straightforward and essential phenomena" At this point I'd like you to distinguish between sensibility itself and sensation. Sensation cannot exist without nerves. On the other hand sensibility can exist without nerves. I have already mentioned that single-celled organisms with no nerves but have sensibility. In short

sensibility itself as nature doesn't depend on the existence of a nervous system. Today's psychologists say that sensibility is a function of the brain. But this is a big mistake. Sensibility cannot be reduced to sensation. Reason ability has a specific organ for thinking, i.e. "brain." On the other hand sensibility has no organ for feeling e.g. "Where it feels?"

When falling in love, the heart aches and is pounding and so it may be thought that sensibility is inside a heart, but it is not true. Why does your heart ache or throb, because the physical body consists of the integration of sensibility. As center of a circulatory organ and the respiratory organs, these main internal organs are exerted by integrated power of sensibility and so the chest and the heart pound. That doesn't mean the chest or the heart have sensibility. Each cell has sensibility. "I feel an atmosphere of menace." Or "I feel somebody looking at me." These matters are not felt in certain parts of the body but in the whole body. The same is said about feelings like pleasant, sad and happy. Not a certain organ feel but the whole body feels.

On the other hand when a nerve is generated, a sensation comes out. A sense itself is a phenomena generated by a simple nerve. But as a nerve system gets complicated, something like emotion shows up.

These senses, emotions, instinct or desire are all different depending on various lifestyles. Some birds have the instinct of migratory flight and koalas eat leaves of a eucalyptus. Depending on living things instincts are not the same. These are generated in the process of evolution and so this is a form of phenomena of sensibility as nature. Instincts and desires of human beings, birds and plants are not the same. Sensibility itself exists as nature of Seeking sensibility, which is in common with all living things. Namely, there is the enlightened spirit underlying in sensibility. Above that there is a structure where phenomena form of sensibility such as emotion, sensation, instinct and desire exists.

All living things possess phenomenal sensibility, such as sense, emotion, instinct and desire. But only humans possess some of these things. This is "intellectual sensibility." Intellectual sensibility is humanized sensibility by reason. In another word it is mind. Mind is created after sensibility is humanized by reason.

Now what is the mind? It is sensibility that can feel value and meaning. Gratitude, responsibility and respect are felt by the mind. Moreover, desires for happiness, cognition, motivation and freedom are generated in the mind i.e. intellectual sensibility, humanized sensibility by reason.

Therefore, if you want to grow up someone with this kind of mind, sensibility needs to be humanized by reason. Only nature of reason grows up, and sensibility that can feel value won't be nurtured. Increased knowledge about the facts, and no matter how good mathematical ability is, these matters are the scientific ability to think, so the mind cannot be formed. To nurture the mind: if you don't improve the philosophical ability to think about the value and essence of things by reason, the mind won't be able to grow up. So that kind of person cannot be grateful or have a sense of responsibility. In short only reason cannot produce the human mind. To generate the human mind, sensibility should be humanized by reason and intellectual sensibility must be generated.

## **Three functions of sensibility and the structure of the universe**

I have talked about the structure of sensibility as “the phenomena of sensibility” which is beyond “Seeking sensibility “ and at the top, it exists the mind promoted by reason. However, the structure of sensibility is not only limited that but there are also “nerve system” and “sensory organ.” These are physical parts of sensibility and can be called “embodied sensibility.” The world of sensibility includes “Seeking sensibility,” “phenomenon of sensibility,” “mind” and “embodied sensibility.” In a word, sensibility of humans has so many structures. Of course, sensibility itself works while being conscious, and even being unconscious. Also, when sensibility works in living things and humans, it is called “life sensibility” and in substance, it is called “material sensibility.” The same three functions as working in the life sensibility also work to create the system of materialistic world as material sensibility. In a materialistic world, orders should be shown as a rule, in which rule expresses a harmonized and rational form of the order of the universe. So even the space can exist supported by the three functions of sensibility. Moreover, single-celled organism has sensibility as physical and intellectual ability. You must think that sense of life sensibility is given to life by the universe, creator. Namely, the three functions of life sensibility acts just like the structure of macrocosm and Mother Nature. This shows the providence of Macrocosm is functioning in human beings. “Pure sensibility” is “ultimate existence of space” and integrates the life sensibility and material sensibility fundamentally underlying the macrocosm activity. Human life is supported by sensibility. The sensibility acts with the same structure as the sensibility that supports the universe. After all, human beings are microcosms. Now it is likely that the story will get to its stupendous destination. Human and the universe, sensibility and space, these relations will be talked in the chapter 5. Here, I’d like you all to remember that the sensibility functioning inside human is the same as the sensibility supporting the activity of macrocosm.

**(The world of human sensibility)**

Embodied sensibility = a sense organ = eyes, ears, tongue, skin, nerve-systems

Sensibility promoted by reason = [mind] (intellectual sensibility)

Sensibility sensed meaning or value  
feeling of happiness, respect, gratitude, favor,  
beauty, freedom, responsibility

Phenomenal form of sensibility = sensation, emotion, instinct, desire

Fundamental nature of sensibility = Seeking sensibility and three functions

**(Structure of sensibility in the universe)**

	Conscious mind ----- phenomenal-sensibility
Life sensibility	Subconscious mind ----- -deep psyche
	Down conscious-----autonomic nerve (physical Sensibility)
Material Sensibility (law)	
Pure Sensibility (energy)	

## Chapter four: Sensibility creates mind and body

This chapter will describe “creativity of sensitivity.” The things mentioned in the previous chapters can be the systematic foundation of sensitivity, which is one of the most important parts. As mentioned, the essence of human beings consists of sensibility, which is connected to the universe. Therefore, I mentioned the sensibility is life itself; sensibility has unfortunately been underestimated until today. Before starting this chapter, let me review how sensibility is regarded and viewed in the history.

### 1 The materialistic philosophy

In the materialistic philosophy, it is considered that everything is based on materials. Life is created in the developmental process of the materials, and sensitivity and reason are created from that life. Spirit is also derived from developmental process of materials so human beings are considered to have evolved from materials. We were developed from inorganic substance to organic one and developed into the substance with souls. According to the materialistic philosophy, sensibility and reason attribute to materials. So sensibility is not considered to be independent from materials.

### 2 The idealism philosophy (Mentalism)

According to the idealism philosophy, reason is considered to be a higher ability than sensibility. Thus, reason is higher mental ability than sensibility. Therefore the reason, higher mental ability, should control sensibility, lower ability. It also says that sensibility is not independent of reason but it should be the brute ability attributing to body, or it is considered to be in the mental. In other words, the idealism philosophy considers that human being is a combination of spirit and body.

### 3 Yuinoron

The idea that all abilities including mental ability should be restored to the brain is called Yuinoron. Takeshi Yoro, a professor emeritus at Tokyo University, and others are advocators of this idea. We may call this idea “Modern materialistic philosophy.” This idea also shows that the reason and sensibility are both brain function. It is considered that everything shall be attributed as materialistic function of the brain.

### 4 Extreme Mentalism

According to Extreme Mentalism, it is considered that the spirits, reason and mind control everything in the world. If such an idea, that spirits controls materials, were turned to be religious, there would be people who think that the material world is controlled by God, Buddha, spirits and souls. That can be called an Extreme Mentalism. As mentioned above, there was an idea that either spirits or materials (body) controls human beings. There is a difference between theories, which you think important, but attitudes to understand human beings and the world with dualism in common. Thus, in past ways of thinking, the physical is never compatible with the spiritual, so that the problems caused by conflicts have never been solved. Conflicts always occurred between materialism and idealism because the idea of human beings is a combination of the physical body and the spirit.

To overcome the conflict and understand it as whole integrated independent existence, you need to think sensibility is independent from materials, bodies or spirits. If you think sensibility is a principle of organic integration, you can escape from the conflict between materialism and ideology or the human view reflecting dualism. The essence of human beings is neither physical nor spiritual but in the “sensibility” which no one has ever thought about. This chapter describes the reason why sensibility fundamentally integrates body and reason, and also how it integrates the 60 trillion cells. Compared with describing how to use the principle practically, principle theory sounds more difficult and it may not look so interesting. However, if you know the practices without knowing the radical principle, you will not be able to understand why *The Sensibility based Philosophy* is thought to be new and why it is superior to the conventional philosophies. It might be a bit difficult but I hope you understand this.

## **Sensibility creates Body**

Seeking sensibility and three actions work for the creativity of the sensibility. Sensibility is the ultimate principle of the universe, which creates everything, so sensibility is the ultimate principle of the creativity of the universe. At the core of the universe, there is pure sensibility as ultimate sensibility, and it developed to material sensibility and life sensibility. Our internal sensibility works as enlightened Seeking sensibility and these three functions and controls our various activities. Thus, our internal sensibility is fundamentally the same as sensibility controlling the universe. The creativity works as the creator of the universal order and the supporter to survive lives. So, what kind of creativity does the sensibility have? Two main themes in this chapter are “Sensibility creates the spiritual and the physical.” First of all, I will describe, “The sensibility creates the physical body.”

## **To live better, living things change into multicellular**

Starting from unicellular living things evolved into multicellular. We call it “multicellularisation.” Let me explain the reason why multicellularisation occurred. A unicellular life is always confronting the risk of external enemies. It must be exposed to various invasions and effects. So it is too dangerous to live safely as a unicellular life, so to live more safely and better invite multicellularisation. At multicellularisation, new cells were formed around the core cells and the structure is good to defend itself from aliens. At first, multicellularisation occurred by cell division. A primitive life is originally a cell possessing potential both sexes. It is gradually divided into cells, which have male or female features, and then a new life is born by their coupling. When cells growing up in different environments merge and bear offspring, the capacity to adapt to environmental changes improves because they are given both genes. We know that purebred is weaker than hybrid. Inbreeding of purebreds tends to increase recessive genes and is liable to fall ill. As biology proved, if completely different breeds are coupled, they have a greater capacity to adapt to any environmental changes or ills. This is the principle to create life to survive more easily. In these two principles, living things became multicellular.

## **A nerve= an information distribution route, created by sensibility**

Once multicellularisation have completed, changes naturally occur. First problem was how to transmit information. Unicellular living things can communicate information through a unified process. On the other hand, the multicellular living things needs to transmit one piece of information to all of the cells equally, otherwise it is impossible to move in an integrated direction. If each cell starts to make judgments based on its own information, its movement would become confused. Unless all the cells share the same information in the situation of “A cell consisting of many cells” they cannot act for common objectives.

Here need the function of distribute information to all the cells. On that account, life created transmitter materials. “Transmitters” distribute information by using the flowing body fluid route. Meridian in Chinese is based on this information route made by body fluid. Same as lymphatic system and nerve system, meridian is one of the circulatory/response systems but invisible. At first information was transmitted through meridian. In due course, with life evolution, a new visible route was created along with meridian. In the meantime, there appeared a new route along side of meridian that was nerve system. The communication route of information shifted from meridian to nerve. A nerve system is created to transmit information. Then, what made the nerve system? The research shows that with developing the nerve system, various functions progress from simpler to more complex forms. A nerve works only for information transmission. In short, I have to say that sensibility created a nerve system to live better. Sensibility is the capability to obtain necessary information to survive. With the cells becoming multicellular, because sensibility enables to unify all the cells as one life, it is inevitable to transmit information to all the cells. First, the route started from the flow of body fluid and meridian, then it developed into a nerve system.

Furthermore, it is integration, one of three functions of sensibility that unify 60 trillion cells of human beings as one living thing, so it created nerves to unify cells. Sensibility had no other options but to create a nerve system as a means to unify all the cells.

## **Sensory organs are made by requests of Seeking sensibility**

Sensibility created nerves. How did it do so? Here, I will describe what has been biologically proved so far. For examples, eyes or ears are created in the life, which has already been proved that these functions are made by the capacity to obtain information to survive. *The Sensibility based Philosophy* calls this capacity Seeking sensibility. When the life cannot survive without the information from light, this Seeking sensitivity starts to appeal to the outside through skin. Then, when the stimulation from light to skin meets the needs of Seeking sensitivity, the cells of skin start to grow into a sense organ. And eyes or ears appear. Eyes started when a cell felt a light and obtained information. At the beginning, we had only a dot-like eye. Following the process of life evolution, it developed into a higher optical



organ. The number and thickness of nerves connected to the eye gradually increased and promoted its evolution. Seen from *The Sensibility based Philosophy*, Seeking sensitivity increased the number of nerves in order to obtain more precise, advanced and strict information. If the living things with eyes start to live in a cave, eyes tend to atrophy. Explaining it from the biological perspective, the nerves connected to eyes become thinner and disappear one by one.

In short, as long as the Seeking sensitivity to obtain information from light through eyes works, the nerves connected to eyes become more and thicker. However, once the information from light is not required any more, the nerves become thinner and disappear at last. In the phenomena of eye-atrophy, sensibility works depending on whether Seeking sensitivity needs information from light or not. After eyes are atrophied, instead, sensations of sound and smell will be drastically developed. The nerves connected to sensations of sound and smell become more and thicker, and capable of distinguishing the slight difference between smells or sounds. That is the result from what Seeking sensitivity needs. Development or deterioration of nerves depends on how much the life needs the information by using that sense organ. Whether the number of nerves is increasing or decreasing depends on the required degree. This shows that sensibility clearly makes nerves. The nerve systems develop together with various functions of life. In other words, while various organs such as hands or legs are grown, nerves are also grown. Sensibility, which always tries to live, better in response to changes in environment gives life various functions or organs with Seeking sensibility. Nerves develop together with those functions. The nerves control various parts of the body, so if they are not developed, the functions do not develop either. Sensibility creates nerves and develops it, which makes various functions of the bodies.

## **Sensibility's three functions have created the symmetric structures**

In considering how living things can live better, there is one more important thing: we have symmetric structures. Animals have bilateral bodies without exception. Without bilateral bodies, it would be disadvantageous for them to move about freely. What creates the physical symmetry structure? These are three function of sensibility, i.e. harmonic, rational and integration functions. The integration function is the ability to integrate all the cells, and the rational function seeks the purposive way to survive more easily. The harmonic function seeks the balance of life to move. As mentioned in the previous chapter, this triple function of living animals works as homeostasis. In short, Seeking sensitivity has made animals moving around land to live most easily, finally created symmetric structures.

How about plants? Plants never move, staying a certain place, and grow up. Plants take balance in the part between roots and stems over the ground. Of course, the ability to balance works for the whole part of the plants, which makes the branches of trees have dynamically symmetric structures. Though the plants do not move around, they have structures to take balance between roots and stems.

Strictly speaking, the structures of living things are not perfectly symmetric. The face of human beings look symmetric, but the right and left parts look different. If you divide a picture of the face of a human being into a right and a left half, and make a face with it using only right-sided faces or left-sided faces, you would find the face of a complete stranger. The right side and a left side of our faces are uneven. Also, strictly speaking, the length of limbs, the shape of eyes, noses and ears are all very different. Altogether, it seems symmetric. The reason why that happened, has not been explained yet. It is considered that “The forms are being made while triple action of sensibility is moving dynamically” in *The Sensibility based Philosophy*. Triple function of sensibility does not aim at making static balance but searches for the dynamic balance. It is impossible to stop it at the perfect place, which makes both sides a bit different.

## **Sensibility acts in concert with waves**

In nature, specific insects tend to gather specific flowers, so flowers evolved for insects and insects come to have functional features for flower structures. What makes the plants and insects respond to each other like this? As biology avoid the function of sensibility fundamentally, so it can only tell the fact such as “It happened as a result.” However, if we consider by the principles of sensibility, we can clearly explain “The functions and shapes were born because Seeking sensibility required. You may be puzzled at this statement. I mentioned before “Increase of nerves creates functions.” You may ask “The plant has no nerves, so how did the functions grew up?” To explain the reason, you need to know “Sensibility does not require the existence of nerves.” I already mentioned that even a monad has sensibility, but sensibility does not depend on the nerve system. Thus, the plant has no nerves but have sensibility.

How does the sensibility work between plants and insects? What makes flowers change their colors or shapes to accommodate the insects? That is “concord.” It causes evolution. Outer space seems like the sea of sensibility. Everything existing in space has a concord with each other by Seeking sensitivity and triple action. Mutual induction and response gives orders. There, the sensibilities respond to each other. They use “wave motion” to respond. Sensibility has its own frequency (in quantum mechanics). The function of sensibility in living things can be homeostasis, gradation, as previously mentioned. As I explained, homeostasis is “dynamic stability” and it is not fixed. It is a function to remain stable. It searches for stability all the time and it works over time.

In physics, it is said, “The ultimate form of all materials is ‘ $1/f$  fluctuation’ ” As all the materials are essentially based on this “fluctuation,” it absorbs the shocks by all tumults of universe, which keeps the order of universe stable. This is what Seeking sensibility and triple functions in the material sensibility is. This “fluctuation” turns into a frequency, speaking with vogue words, “wave.” Everything existing sends its unique wave. Every human being also sends his unique wave. “I don’t get along with that guy” means “My wave is not a match for that guy.” That is because his humanity is out of your range. We can get along with the person who is in our range to control but it is difficult to be with the person out of our range. That makes us feel

uncomfortable or dislike him. It is possible to widen the range of humanity, which means that the range of movement becomes wider. Sometimes we call "broad-minded" person would have a wide wave range so that he could absorb any kind of waves.

To get back my original talk, because the sensibility has such a wave, a plant without nerves can synchronize its own wave and the wave of an insect can change its form for a specific insect. Changing its form of life depends on the other, and the perfect form can be decided. Seeking sensibility would not compete with triple action of sensibility in the environment and try to live better, affecting each other, which leaves various kinds of animals and plants. As a result, they have their own shape, color, and functions.

## **The principle of evolution is "Power to seek and explore"**

The shapes of plants and animals are determined by Seeking sensitivity and triple action. They are being divided into various kinds while searching for what shape they will have, what kind of trees or plants they will be, how they will find their presence. According to the theory of inheritance based on Mendel's laws, evolution is not only caused by a hybrid of species but other principles. Of course, there is a new species produced by a hybrid of species. However it is not only genes that could determine forms. If only genes could have determined forms, evolution would have never occurred. Without genetic information transferred and evolution, the plain variety of the same shape would be created. Evolution means that the shapes of life would functionally change. Nerve developments awaken new function, and as the result, a new body is being created. That is evolution.

A whale, a long time ago, lived on the land and moved to the sea and experienced evolution. When living on the land, their bodies were not what they have now. After moving into the sea, they searched for the better forms to survive and they got streamlined bodies and fins to adapt themselves in response to changes in environment. These changes have been determined by Seeking sensitivity and triple functions. They used harmonic function to adapt to the environment, rational function to search for the most rational functions and unifying force to change their form to be the best-balanced one. This search by this triple action changes forms. Changes and the principles of evolution depend on this "Force to search." If you lose this force, you will stop growing. Seeking sensitivity and triple action are growing only while this force works, which gives a lot of possibilities. If you stop searching, you would not change and you lose possibilities. The structures of bodies are made up by triple function of sensibility.

## **Sensibility creates Mind**

By this chapter, I stated sensibility creates bodies. How about mind? Are spirits also made by sensibility? Next, let's consider about this. Sensibility created mind and body and connected organically

## **Rationalizing function was used to connect “memory” and was transformed into rationality**

In the process of nerve systems following multicellular organisms, entire integration core would be needed. That is the central nervous system.(CNS) CNS gets a lot of information from all the cells, and chooses the most important one to survive and transmits it to all the cells to determine the action. And it makes all the cells cooperate and let them work.

How did this central nervous system develop?

First, the central nervous system started to have a function of memory by degrees. Sensibility judged “It is not wise to choose just only one piece of information and throw away the rest” and created an ability to memorize information in the central nervous system. However the more multicellular organisms we had, the more information came into the bodies, and it became difficult for the central nervous system to memorize all of the information. It got beyond its processing capacity. Thus, rational function produced memory cells around the central nervous system. That was the beginning of a brain. That was the central nervous system directly produced memory cells but it was based on rational function of the sensibility. By using memory cells made around the CNS, a lot of information started to be memorized.

However, another new problem happened. How can each of the memory cells be connected?

In order to make use of the memorized information and make a high judgment such as “What did we do before?” ”What shall we do this time?” It is necessary to connect each memory and connect it with new information. Otherwise, a piece of information would be separately stored. As a result, it would be impossible to make use of information to survive. That is too irrational. Evolution is resulted after trying a lot of things, the most effective one would be left and we could make a step ahead. The things with no effect would be abandoned and would not be left as genetic information. It is the evolutionary process that only the things, which get good results, could form genes and would be inherited. Also In this case, the force of seek evolution worked. Rational function connecting each memory resulted in producing the most effective and useful capability. That is reason. In short, the rational function turned into reason. The function of sensibility to search a rational way in the changing situation is called rational function. Memory itself will not change. That is to say, memory is a capacity to fix information, which is the essence of reason. If you think “That’s that” rationally, that should be fixed. The most primitive ability of reason is memory. Memory would not change, which means what reason obtains would not change. So, once you make a rule or a structure with reason, it will never change. At this point, we can say that reason is “The ability to fix and not change things which should be changed.” In other words, reason decided the function of the memory cells. It was turned into “reason” which has the ability with an unchanged form and would not change because rational function should work originally while change is used to connect each unchanged memory. This is the start point that the rationality formed as invisible function.

Rational function was used to connect a memory and a memory, which evolved into reason.

## Intelligence and Reason

Rationality is not an existence but a function. And rationality evolved into "intelligence." Intelligence is an ability to memorize experiences and each connected memory of experience. Human beings are not the only ones to have intelligence, but insects or birds also have intelligence as well. So do whales, pond skaters and tadpoles as well. They think with connected memory of experience. In short, intelligence means the connection of experienced memory. This enables fairly advanced judgment. For example, police dogs sometimes do better than policemen. It is caused by their intelligence. Of course, we have intelligence, but nowadays when we work, we tend to use reason rather than intelligence. Imperfect rationality cannot overcome developed intelligence. Intelligence created by combining experiences (inventive ideas) has judgment capability perfectly matching reality. On the other hand, reason, which is an abstract mental ability has a lack of response ability for reality and tends to become unrealistic. Thus, the idea thought with reason often cannot be adapted for reality.

What does it mean that reason is an abstract mental ability? Intelligence has been developed through an advanced connection of each memory of experience. On the other hand, an advanced connection of each word would develop reason. To develop reason, we must learn languages. If a human baby grew up with milk of a wolf, reason would never grow up.

Words are abstract concepts. Abstract concepts do not exist and it is away from reality. At the stage of thinking with intelligence, speaking of "a cherry blossom tree", that is what it is in reality and intelligence memorizes a tree itself. However reason gives a general concept made by a word of "a cherry blossom tree", not what it is in reality. Human beings "think" by combining abstract concepts expressed with words. That is what we call "reason" or "spirits." If you think without connecting reason and intelligence closely, it could be more imaginary without reality because of playing with concept at all. It is important not only to listen to reason but also listen to intelligence based on experience. And, that is what our mentality should be.

It seems that current school education tends to give less chance to develop experience and cultivate intelligence and it tends to develop only reason. Thus, children are far more inclined to live in a world of fantasy, which leads them to be trapped into their world. They face up with reality with expanded ideals, which leaves a conflict with reality. Without connecting reason and intelligence, human minds never grow up. Those who have no intelligence but have only reason are more likely to be smart beasts and have a lack of realistic sociality. Experiences are necessary to live in society. Only with reason, it is impossible to apply and respond to reality. Lacking the power of execution and action he or she has more reason than intelligence.

In modern psychology, the difference between intelligence and reason has not been clear in definition. Otherwise, without distinguishing them at all, intelligence sometimes is considered to be included in reason.

Many westerners have the theological belief of spirits that shall be given by God without thinking about the process of evolution. However, as mentioned, the rational function of sensibility evolved into reason, which means that it could not have been created without memories of words.

## **Sensibility created mind and body to integrate organically**

Japanese people who have lived in the USA for a long time are becoming American looks. Conversely, Americans who have lived in Japan for a long time are having Japanese atmosphere. This looks strange at first, though it could prove that both mental structures and physical structures are affected by sensibility. Feeling, one of sensibility human beings has, changes the shape of faces. When you are angry, you have an angry face. When you have smile, you have a smile face. Those who are nervous look nervous. Those who are generous look generous. It shows how much influence sensibility has on shape. It is said that every man over thirty should be responsible for his face. Because bodies should be affected by genetic information until thirty years old, but after that, human genes stop growing up and our feelings or thoughts would start to have an effect on the shape of bodies. Thus, by developing our humanity, our faces start to steadily change. We can make our faces by ourselves. The research shows identical twins have the same genetic nature but after thirty years old, differences of lifestyle or experience make their faces different. Before they are thirty years old, it is difficult to tell them apart. They are influenced by heredity until they become thirty years old but after becoming thirty, they start to clearly look different. That is caused by creativity of sensibility. Sensibility, the creator of human beings, connects bodies and minds, and fundamentally integrates them. Life structure of human being is based on sensibility, and it decides the shape of bodies and makes minds. By connecting both of them, the organic life can be maintained.

## **System of humanity**

I already stated the principles that sensibility creates bodies and spirits. In fact, the contents as stated are the basic theory about creativity of sensibility. From here, it becomes an important issue to discuss with. Sensibility creating bodies and spirits means that fundamentally integrates the spirits and bodies, which are supposed to be incompatible. An organism integrated by this sensibility is a human being. Therefore, through sensibility, spirits would affect bodies and bodies would also affect spirits. Spirits and bodies would affect each other. This is called a “system of humanity” in aesthetics. We can live better by understanding this “system of humanity.” From now, I will talk about this system.

## **A system of humanity would be made by sensibility that is from “me”**

In the previous chapter, I mentioned the sensibility exists in the bottom of “my” consciousness.” If it shall be strictly prescribed, what we call “me” is “life of organic systematic structure and function created by sensibility.” It sounds a bit difficult but this is what “me” prescribed in my study. Owing to metabolism, the materials consisting of human life constantly renews. Still the materials, which consist of bodies, have all been changed, the life of humans would not disappear. When sensibility stops working, this structure

would be over. That is what we call "die." When the life loses the integrated capability of sensibility that gets 60 trillion cells together to make a life, it would be time for human beings to "die." "Die" means starting to rot. Concrete phenomenon of the systematic structure of human beings starting to break up is "die." Therefore even though human beings are vegetable state, structure of life of human being will not disappear as long as sensibility keeps working and the life of human being would be kept. When sensibility stops working, a shape of life starts to break up because the life is formed and kept by sensibility with "The whole of organic systematic structures and functions." This is related to shape; though, you have a strained face while you are tense, your face gets relaxed when you loosen up. As the tension or concentration are based on the integrated functions of sensibility, if you lose the tension integrated function become weak, you would have a somewhat pudding face and your attraction would be lost. Those who do their best in everything have bright faces regardless of age and there is some air of tension on their faces. It is because Seeking sensibility works in a life and activates triple action of sensibility. If you do not have a compelling sense of mission from your life, Seeking sensibility of sensibility would not work and triple action of sensibility would be loosened and your face would get a dull expression and become dark without tension. It is because structure and function of human beings are also supported by sensibility. "System of humanity" is made when bodies and spirits created by sensibility are fundamentally integrated by sensibility. What is fundamentally unifying bodies and spirits is sensibility, "Me." "Me" is the actor fundamentally integrating different principles. By realizing this fact, the true existence and the true way of living can be made. That should be "true humanity."

## **Love as the capability**

Reason, recently developed, forced us to choose between opposing sides in a rivalry and to decide which side we would support. However, it was not a good way for the system of humanity based on sensibility, but based on our judgment standard from the view of human with dualism. What is now needed is not to support either of opposing ideas but to think, "How can I reconcile and let them help each other," which leads them a good relationship. That is humane action with true humanity. The world and history have wanted a person able to jump into any violent conflict and lead them to reconcile, cooperate and help each other. For example, Kissinger, the former United States Secretary of State or Yasushi Akaishi, the former United Nations administrator or Kofi Atta Annan, the seventh Secretary-General of the United Nations are three of such great men. By doing your best and thinking, "I want to be a person with such abilities," you can be a worthy person. If there are not so many such great people, how much we desire peace, we could never obtain peace. We, human beings, grew and finally arrived at a new stage to require people with such abilities. To become such people, the most necessary ability is "love." What is in question now to all mankind is if we have love for others or not. We need to consider seriously what about loving others.

What does to love others mean? That is "to forgive others." Everyone has both good and bad points half and half. So it is important to accept this fact and keep company with others is important. To love others means to accept and forgive their weak points. If you cannot do so, you cannot love others. If you do not accept their weak points, you would never be able to love them. Friendships or marriage relationships between husband and wife also would not last long. Those who can accept that everyone has weak points and accept it have true human love. To love human beings can be to love the imperfect. Why can we love the imperfect with weak points. It is because we can have a modest heart when we are aware that everyone has weak points. Of course, we love strong points of others but what we love the best is the modest humane heart. Nobody loves those who assume a haughty attitude even though they have a great ability or good points. However, modest hearts and recognition of weak points are the symbol of humans, which enable us to forgive and love others with weak points. By being conscious of your own shortcomings, you need to try your hardest to be the loved. The cause of the recent dramatic increase in the number of divorce is we became reasonable and the reason requires others perfection. Such kind of people cannot accept any weak point they do not like. I have to say that is misrecognition for humanity. Once you accept we have both strong and weak points and contract with people, the number of divorces would not increase. If you find something you do not like in others, but cannot accept it, you cannot love them. This is the basic principle not only for marriage relationships but also for all of human relationships

The reason why humanity has both strong and weak points is that the life is formed based on the principle of the universe. The people who understand the providence and accept anyone has weak points are now needed. To have such human recognition is necessary for the people of new generations. In "*The Sensibility based Philosophy*", it is considered "Every human being has strong and weak points. Therefore the important thing is to make use of weak points and also strong points, and make full use of all the existences given by universe." We, human beings are ought to make use of strong and weak points as existences.

## **From competition to creation, from conflict to integration**

It is important for us to aware that "me" are actors to integrate different things in order to live humanly. Just imagine how you can cooperate and help someone when you are in conflict with somebody. We can prove that we are human by doing so. Everyone has to learn and understand system of humanity and think about the way to help each other. After that, the peace would come to the world and bring the social principle allowing imperfect human being live in peace. It is necessary for us to find the existence of "me" as actor fundamentally integrating the conflict. After finding that is the nature of human beings, how easy it is for us to live in this world? Though we are imperfect, it is possible for us to live easily and have a delight life anywhere such as households, workplaces, societies and the world. On the contrary, if we cannot notice that "me" is the existence fundamentally integrating the conflict, you would not be a person who could respond to the voice of era.



The person who regards that winning the game as one of the greatest pleasures in life and always thinks about competition is ugly and vulgar. Today's world reached a major turning point "from competition to creation." History is now requiring us to live with the new value of "from conflict to integration." It is important for us to notice and develop creation of self-reform. The absolute mission of companies is to develop, not to win the competition. Growth or development will be the future corporate policy. So far, it has been "compete and win" for the growth and development but it is over. Now, the world becomes integrated and the distress of the loser of the competition is so much that it gives an evil influence on the winner. We cannot obtain real delight and growth if we create losers.

In fact, the method of "compete and win" does not work any longer. What is a good way to grow and develop is based on creation principles such as self-transformation, self-creation and self-reform. Humanity requires the sensibility that we feel greater joy and value as human beings after joining forces with others than beating others. System of humanity is the embodiment of this sensibility.

In other words, having humanity depends on whether you have love for others or not. Those who support either side of the fighters and tell him to beat the other do not have love for human beings. If you have love, you should think like this, "Don't you feel sad?" The war makes us fight and kill each other. Why don't we think how to create a new world for all of us and help each other to live?" That is the position of "me" fundamentally integrating the conflict.

## **Abandon compliance for reason, and have compliance for sensibility**

Hegelian dialectic is one of the methods to find a new way of thinking to overcome the opposition of the conflicts. He described that there are three stages such as thesis-antithesis-synthesis. Viewed from the level of reason, this method seems to be quite useful. However, as soon as you try to make use of it in the real world, you would have trouble easily. I will tell you why.

In the real world, there comes another new opposition to a new opinion, opposing the thought based on two different opinions. And after you present a conclusion by gathering opinions of two conflicting sides, here comes another new opposition. In this way, these three thesis-antithesis-synthesis stages would be repeated forever and the conflict never-ends.

The thought to abolish contradiction causes this failure. Reason regards that both conflicting sides are imperfect and have bias and contradiction, so if it could create the perfect existence, which solve the contradiction, all the conflicts would be gone. In short, it requires reasonable consistency. This way of thinking is based on absolute trust on reason and human understanding that the perfectness without any mental contradiction could be obtained. However, as I often mentioned, human beings are imperfect, and so is the reason. So if you try to find reasonable consistency and solve contradiction, you are sure to face another one.

In principle, reason could cause the conflicts but could not always solve them. If you create the integrated idea as synthesis, forms must be always limited and have finitude, which necessarily causes another conflict. Theory of

sensibility philosophy consistency is based on the understanding that human beings are imperfect. Thus, it accepts contradiction and conflict and lets both the conflicting sides “forgive” and “learn” from each other. As a result contradiction can change into a mutual, complementary, or reciprocal relationship. By bringing the relationship that the both sides need and help each other, the rich society and rich human relationship can be created. As that is “me” to integrate the fundamentally conflict, if “me” can treat the other on this standpoint, the conflict never occurs. That is true integration. It is natural for us to dislike others or not feel good, or get angry because we are human beings. Do not leave your feeling as it is but have a deep thought about what makes you feel so, and try to think this is a good chance for you to realize your humanity is not mature and narrow. Try your best to richen and widen your humanity and to solve the conflict little by little. Humanity develops by that way of living and you would have love to human beings, which leads to create a new humanity system. Conflicts and contradictions are inevitable. It is important for us to accept other opinions, respect each other, learn from a reciprocal relationship and try your best to fundamentally unify each other. That is the person who the world requires from now. In this chapter, I mentioned a new response to reality based on fundamental principle of sensibility consistency. You would notice that your work or relationship would be strangely going well if you put this method into practice. If you have any troubles difficult to solve, please think like this. I am sure that you can reach a new stage. As a result, even though you cannot abolish the conflict, be aware that humanity is to be fundamentally integrated and it is important for us to create the relationship where we can help each other. And your life will greatly change and everything will go better.

## **Chapter five: Sensibility and universe**

### **Principle of the universe**

Sensibility is the power to seek aggressively and perceive various kinds of information for the purpose of sustaining one's life. The essence of it is not passive sensitivity, but Seeking sensibility. Besides, as I already mentioned, Seeking sensibility has three functions that seek for harmony, rationality and integration. These three functions are working in order to maintain a balanced function called "homeostasis," which creates order in an organism. Also, these three functions are working in the universe as I have described before. That is to say, Seeking sensibility is looking and reaching for this order and it is trying to make this order, using these three functions. Human life and the principle of these universes are made up according to the workings of Seeking sensibility and the three functions. Therefore, sensibility itself is the essence of human beings, life, and the ultimate existence in universe. No activity is more important than trying to look for harmony, reason, and integration in human being. The truth, goodness, and beauty which humans always seek are based on the workings of sensibility, too. That is to say, the sensibility for harmony within humans recognized rationality turned into Goodness, the sensibility for rationality turned into Truth and the sensitivity for integration turned into Beauty. In this chapter, I would like to comment on the principle of *The Sensibility based Philosophy* that is "sensibility and the universe" and based on what I have explained before.

### **The principle of universe is working in life**

Life is made up from the principle of the universe. It is thought that "the principle of the universe" is also working in the whole existence. Human beings are an existence, which have been produced by the principle of the universe; therefore, it is said that the principle of the universe is definitely working inside. Human life was born, supported, and made alive by the principle. Such a three dimensional systematic structure like this exists inside the human. Then, what is the principle of the universe? When we consult a dictionary, the meaning of the principle, we find various explanations. But, I think, it is better to say that it is "the order that controls the nature." In Physics the principle of the universe is being expressed by various kinds of scientific truth, that is, the rule or the structure in physics. The rule and the structure are explained by a numerical expression or a chemical equation. In Physics, it is crucial that the right side and left side of the formula be equal. It means that the universe is formed in a balance of energy according to a recent physical view of the universe. In the "*The Sensibility based Philosophy*" the same can be expressed as Seeking sensibility and three functions in human beings is working in the universe, too. That is the very principle of the universe. The fact that, in the universe, order is not broken even if something happens definitely that indicates that Seeking sensibility and three effects work there.

Nowadays, in the most advanced physics, such as quantum theory, it does not presume the universe moves depending on the rule. Views from Newton to Einstein estimated that the universe moves by the unifying principle and the rule in the universe. But in quantum theory, it is thought that the universe moves, reaching for the whole order, creating the principles every moment. This idea was born after the discovery that the ultimate figure of substance is “1/ f–fluctuation.” That is to say, the ultimate substance exists not fixed but just as fluctuating. “1/f ~fluctuation” is to say, “Fluctuation of 1/ frequency,” another words, “wave motion.” That is, the ultimate figure of substance is wave to produce energy. The view was worked out from the idea that substance does not occupy any fixed place and reaches for the order of the universe, fluctuating every moment, absorbing various influences from various events.

The macro cosmos is moving, while pursuing the principle. And the principle is to express what kind of order is functioning and moving by symmetrical harmony in the universe. It will not be an exaggeration to say that quantum theory proved the universe exists by harmony, rational and integration function. The universe is made up of the same thing as the law that is working in human life.

## **Human being is able to spend a life as big as the universe**

The universe is not controlled by a fixed rule, but by fluctuation. The rule can be applied to human beings, as well. The three functions of the same sensibility as in the universe maintain humans. Without sticking to a fixed idea, such as “I am like that!” you should adjust yourself to a changeable idea that remains flexible in order to develop. It is essential that you do not stick to a fixed idea but to accept a different view and try to change your view to a detailed idea. Repelling or rejecting a different opinion does not mean you are living sufficiently, but are dead from the sensibility viewpoint. When we think something by reason, we tend to think it assertively, like, “I definitely think so!” But it is against the nature of humankind that works to reach for the truth of sensibility. So, if you encounter a different opinion or mindset, you should assimilate the difference, whatever difficulties you may happen to have, thus strengthening you. Understanding that the principle penetrating the universe is working inside of ourselves is not a tiny story, but that human beings live depending on the universe and that humans are able to spend lives as big as the universe. “The essence of human beings is sensibility and the essence of the universe is also sensibility. Sensibility to support the universe holds our life and our essence. Therefore, “I am the universe!” If you could comprehend the connection of sensibility and the universe like this, what a wonderful way of life you can live! Zazen and Yoga aim at the ultimate state of mind like that. Yoga and Zazen try approaching such a state of mind, depending on practical training. But if you just recognize the principle, you will be able to become aware of “we are the universe” and you can raise yourself without training. For that purpose we need reason power to grow sensibility. Borrowing the reason power and knowing the relation between sensibility and the universe, you are able to foster such states of mind. And

you can have such a realization that the universe and your life are integrated. There is no wasteful thing in the universe, because whole things are created by the workings of the principle of the universe. Then, whatever situation you are in, you do not conflict with others and you make the most of all things, lastly, you can absorb whole things. This situation is understood as the structure of three dimensions, where sensibility works in the universe, also works in our life, and sensibility works in the life of in human beings. When we think this from a human side, you will discover that the three functions working in human beings are also working in the universe. According to the understanding of this connection, we are able to comprehend integration and the relation between the universe and human beings.

Whole things having sprung up from sensibility are the workings of the principle of the universe. The principle of the universe is the workings of sensibility, in other words, it's the workings of Seeking sensibility and three functions. Therefore, a person who is leading a life aware of Seeking sensibility and three functions becomes successful, healthy and happy. Once humans want to succeed, they will have to follow the interest, the concern, the curiosity, the urge and the desire that have sprung from their life as the works of Seeking sensibility. These are springing out of universal energy. It had been considered that desire is an animal part of the human being until the recent era. Besides, it had been thought, if someone could not control his desire rationally, he would not be a human being. Such consideration has been common so far. But it is a comprehension of a dualistic human view about desires.

That idea is an understanding of desires in "dualism" which confronts energy from the universe. In fact, even people who had accomplished a great job in an era had not lived by such a law but by the mysterious power of energy that sprung out of sensibility. People who had lived in ancient times accepted it as Gods will, Gods power, or Gods order which exceeds human's wisdom. You cannot accomplish a job without living desire springing out of your life. You should understand the relation of three functions of sensibility protecting whole life and the universe. If not, you cannot get the power of the universe and keep it going. If you try to live simply by reason without knowing the value of the thing, which has sprung from your life, or deny it, you will only spend your life uneventfully. What can be done with the person who has not anything to draw from his life? Only with the quest of sensibility for the idea like "I want to be like this" you will be able to live your own life. If you catch the relation between the universe and sensibility and realize the principle of the universe working in yourself, you are able to make the energy alive in your life. Without rejecting the desire that has sprung from sensibility in the principle of the universe, you are able to make an incredibly great job. Be aware of such ability, you should make the ability wake up by reason. I hope everyday should try it immediately.

## **Missions of human being**

Once we have realized the relation between the universe and humans, the question how human beings should live reminds us. Leading an uneventful life and ending it is to forget the value of humans. Every body has

own mission in life. Then, what should we do in order to know our mission? What kind of action should we take? I will discuss it in the following steps.

## **Seeking sensibility is energy**

At this part, please remember the structure of sensibility. Upper side of the structure, there are sense organs. It is made of the nervous system. These are what sensibility changed into as a part of the body. Under the sensibility, there is another sensibility which feels the mind developed by reason. At the basement of the structure, there exists the world of sense, feeling, desire, instinct, as the phenomenon of sensibility. Furthermore, there is Seeking sensibility which is the essence of sensibility. Seeking sensibility has three functions of harmony, rationality, and integration. This is the world of sensibility of life. Sensibilities of human beings have such a structure; additionally, they are divided into two categories the ones, which work consciously and the others work subconsciously. In addition, there is life sensibility that works in life and substance sensibility both works subconsciously. Furthermore, there is pure sensibility at the basement. Pure sensibility at the base of the universe is the same thing as Seeking sensibility, which is the essence of sensibility. So, what I want you to understand is that the ultimate figure of substance interpreted as “1/f Fluctuation” namely “wave motion” in quantum theory is “the works to make energy.” The purpose of fluctuation, which searches for something, is making energy. That is, the ultimate figure is energy and whole substance is ultimately reduced to energy. Also, Whole energy changes into substance when it reached a critical point and then becomes visible. That is to say, you should recognize that substance and energy are usually related with the structure as mutual change.

On the other hand, when we see the structure of the universe, it is substance that absorbs severe change of the whole universe, thanks to fluctuation. The fluctuation makes the structure, which produces energy working in such a manner. That is to say, energy is Seeking sensibility. The activity of Seeking sensibility which searches for harmony, reason, and integration produces energy. Therefore, the Seeking sensibility working in our life can be defined as a gush of energy from pure sensibility.

## **To exist means to influence**

There are various kinds of energy in the universe, for example, heat, magnetic, and electric energy, etc. Integration of such energies are “the power of sensing=sensibility” I explained that the universe consists of energy balance of plus and minus. When we think about energy from the spiritual principle sensibility, it is to say “the universe consists of various kinds of energy feeling and connecting altogether, if we say it in physical terms. When we touch the electric energy, we get an electric shock. This proves that there is a function inside of humans to feel energy. The whole things exist in the world are made of energy and feeling each other. Principally, existence is the power of feeling and each existence is to give influence on all others. The whole universe is the system, which is to be given as an influence of energy.

Even if you are not conscious, your existence or your voice affects the whole universe. Your existence will affect the whole universe. In other words, “your every movement” affects whole human beings. A person who knows such a meaning of sensibility will be able to influence others like Shoin Yoshida, or Jesus Christ, who both changed the world and the era in only two or three years. If you could feel by your sensibility “My every movement influences others” then your existence will move people around you. This means you have a power that common people can never have. By possessing such awareness and action, all of you will get across to others. For example, if you are aware of the influence on others, even if it is simple table manners, the wave that you spread to your family or friends will influence them. Watching parents, children grow up. This means that children grow up with the influence from their parents.

It is a serious matter of life whether or not you recognize your influence over your wife, children, society, the nation, and the world with your own sensibility. If you could have such a feeling, you are definitely going to be a great person, or it can be said that something significant might already have happened or has begun to happen. On the other hand, if a feeling such as powerlessness has seized someone, that person will be an insignificant person at least because everything starts from an individual. How did Jesus Christ spread the idea of Christianity worldwide and make it one of the most widely practiced religions in only two or three years? How was Shoin Yoshida able to train such excellent people who moved the country later in only three years?

It is impossible for a common person to do so. Because, once human beings begin to live in relation with history, nation, ethnic group and the universe beyond personality, he is able to do the great activity which cannot be done with a common person’s sensibility. A strong will resounds all over the universe, connects to the universe, give silent affection to every existence, and even moves to heaven. Shoin Yoshida had taught to form a classroom even in prison. It means that strong energy cannot be stopped from springing out from inside of the body and the influence takes shape. It is not a rational idea, but the energy of the universe. It is not because of rational thinking that someone wants to do it but because out of emotion that cannot be helped. The energy is what has sprung from the core of the universe. Therefore, a politician who thinks “I am infused with the voice of history” or a novelist who writes his novel saying, “I am not writing, but am made to write” really exists in this world. It is the way of life for humans to have a relation between “sensibility and the universe.” This is living in their own sensibility.

## **Decipher the whisper of the universe**

The most important thing is that it is not an ability given to only a selected few. If you really knew the structure of sensibility and the universe, you would come to take better care better of the desire, the interest, the curiosity, the trouble, the pain and the problem etc. Whether you understand the meanings or the value of what have sprung up from your life or not is a big matter. “Philosophy is deciphering the cracks.” The sentence is from Karl Jaspers. It is very crucial how phenomenon is deciphered. You will not be successful as heroes of the Meiji restoration unless you accept the mission

given to you. It is essential that you can accept something beyond humanity is whispering to you. Every person has a structure through which a whisper of the universe and history is delivered to them via sensibility. If you begin to consciously think about various kinds of phenomena, the meaning of an incidence and the value of it, as a whisper from the universe or a divine revelation, you are beginning to make sensibility that feels energy springing up from the universe. On account of this, you should accept and take better care of urges, desires, interests, concerns, curiosity, troubles, pain, or other problems inside yourself rationally and carefully. It is crucial that you think that every happening in this world is the embodiment of something whispered from the universe. What has sprung up from the universe without rational thinking comes out as an activity beyond human wisdom. Your way of understanding and interpreting it will affect your way of living. It is regretful that common people are annoyed by new problems and try to avoid finding a solution. Besides, they don't want problems to arise and they think it's bad that the problem appeared.

They take a negative attitude toward challenging things. But, you should notice that by doing so, the relation between the universe and life will be cut off. If you don't notice it, you will become an ordinary person. "What is springing up from our life?" You should take it seriously in order to comprehend and accept this question. If you could feel the meaning of this, then you are able to achieve spiritual enlightenment, even if you are sixty, seventy or even eighty years old. You will have such a sense as "I see. I have got it!" Then, energy will spring up without stopping. Confucius described that state of sensibility as following: "When I reach enlightenment, I might not regret dying in the afternoon." People who are able to live such a life are working with a preparation to die like actors or actresses who do not regret dying on the stage. Shoin Yoshida left us a famous phrase: "I am not concerned about life or death. I have only my way." His life was beyond life or death, as he said, "I have only my way, there is no other way for his thoughts."

I made one haiku more than ten years ago at the New Year day, "one way, only waking, first New Year sunrise." It has the same meaning as those of the enlightened actors and actresses can die on the play stages.

The idea "there's no life nor death" is not theoretical issue but a kind of enlightenment, or a decisive, stable state of mind. If human beings begin to act on the base of something which springs up from life, he will not be concerned about life and death. In fact, the individual will say, "Sensibility is me." It is crucial for the whole of things to go back to the universe. The value of life and death are out of focus. These ideas are not more important than going one's way. It is a state of mind, and it is not a sloppy state, but "it is enough." So not to seal off such a state of mind, you should take better care of that which springs up from yourself without reason. You will then be able to get such a way of life beyond reason as the principle of your way. That is to say, you are able to realize the way of life under the will of the universe and history.



## **Create “mission” by using reason**

But, you should not misunderstand this theory. It is not that you may realize everything that has sprung from sensibility excessively. It is not good that reason becomes a slave of sensibility and desire. This is the same as animals. Being able to realize it without annoying others is important. The most important thing is to think how to realize it without annoying others, using reason. The structure is important. The person who has been raised by what springs out from life is the one who accepts the will of heaven and does not commit selfish acts ever. They act while being aware of “mission itself” in a real sense. If you decipher the crack of something which has risen from your life and you begin a life raised the power, then ability of reason will be able to keep it alive in you. Reason is the ability of objectivity and universality. Therefore, thinking by reason is to think whether it is good or bad for everyone. Witnessing something bigger than you and which envelopes you, such as, society, the human race and nation etc. you should try realizing desire that has sprung up from yourself. Then the wonderfully great job of human beings begins. Human activity is not to express something that has sprung up from your life selfishly, but express something that has sprung according to reason. This reason is the ability of objectivity and universality, so when you think of social nature and human nature, the thought “is good or bad for all people” sprouts. Therefore, expressing something that has sprung from your life becomes the “will” and “mission.”

One can make connections between the mission, the urge, the desire, the interest, the concern, the curiosity, the trouble, the pain, and the problem etc through human activity based on the energy that has sprung up from the universe. A selfish way of life is nothing but an action at the stage of personal sensibility and feeling, the desire, and the instinct. Something, which has sprung up from the universe, is energy being born from the place which develops the human race, based on a historical order. Therefore, it cannot to be selfish. Sensibility, working in human life is connecting with the core of the universe, that is, there exists energy that has risen from the universe in human life. The existence of energy is expressed as various kinds of sensibility such as the urge, the desire, the interest, the concern, the curiosity, the trouble, the pain, and the problem, which have risen from sensibility. There the source of power to make someone work exists. The person who does not recognized the energy which has sprung up from the universe as principle, and tries realizing a plan and an aim by reason without using sensibility, is controlled by the aim and the plan and compelled to a rigid way of life. Besides, he will not be able to have strong passion. As he cannot get the support of power that has risen from his life, he will only have a common way of life. I dare to say, you should know that human beings have such structures.

## **Get the happiness of life**

There is the deepest principle of the way of life that we are connected with energy which has sprung from the universe. Something to spring up without logic from sensibility is a phenomenon to teach the aim of your life. If happiness of life is “I do what I want to do” or “I want to do it definitely” then

the person who has nothing springing from life will not be able to get real happiness. Also, there is the issue of being successful without doing what you want to do in your job. Whatever job you were engaged in, you should bring yourself to the state that you are doing on the base of energy that has sprung up. The reality is, that there might be some people who are not really doing what they want to do. Even these people, if they really wish to be successful and happy, should think as follows: "How can I change my job into one that I can truly devote myself to?" Because the human mind is sensible to meanings and values, you will become passionate for your job if you are able to feel the importance of your job. If you were able to experience and appreciate the value of your life, your life would explode with passion. Therefore, first of all, you should consider looking for the source of the value or worth, or wonderful attributes of your job, objectively speaking. If you think deeply enough about the value of your current job, and know and understand more, then, the urges, the desire, the interest and the concern from sensibility would spring up.

By objectively pondering on the value and bright attributes, humans create the sensibility to feel the urge, the desire, the interest and the concern. If your sensibility feels the wonderfulness, passion definitely springs. Then, whatever job you were engaged in, your job becomes into what you want to. No job is worthless unless it has social and wonderful value for others. If you really value it, whatever job you have, your motivation would sprout and grow, according to how much you decipher the crack, comprehend and produce the wonderfulness of your job, it would be decided how much you can devote yourself to the job. Even if it was a janitor job, "I am not picking up garbage but cleaning the heart of human being." if you can think and understand like this, you will grow to feel like "I may as well die in this job." After all, no one can achieve greatness without having something sprung from some sensibility within. Real human's happiness exists at the point where he does what he wants. You should do what you want to do as your job. Various derivations from sensibility, such as urges, desires, interests, concerns, curiosities, troubles, pains and problems teach us what we should do to obtain our happiness. For the person who thinks "I want to be a certain person" can endeavor to become such a person. That attempt will give the person delightfulness. On the other hand, the person who has no prospective idea about him or herself has no root of delightfulness. Most importantly, one must understand their current problems and relate them to the energy of sensibility springing up from the core of the universe.

There is a person who is doing a great job in a social organization after being informed that his parents have gotten Alzheimer's disease and then started the researching the disease. This happened once he had understood and accepted his trouble, pain, and the problem, as an order of history or a cry of history springing up from human's life. Hence, your mission of life and the scale of life are defined by the way you interpret the happenings. By understanding the happenings around you as human or social issues using reason's objectivity you will foster the definiteness and universality of your mission. It is not necessary for you to connect them unreasonably. Once you get the idea that something springing up from life is the will of the universe, every happening becomes well connected. Probably, Shoin Yoshida must have lived with the mission received from heaven. If not, such a great job

could not have been achieved. As he devoted himself to mission, it showed he put his way of life quite different from others. Probably, he might have had such sense that he was lead by something, which had sprung up from the universe. Not only Shoin Yosida but also anybody who grasps the principle of Sensibility and Universe can accomplish such great achievements.

## **The principle of potential ability realization**

If you want to know your given mission more directly, you need to look back upon the work that you are doing now. When you are working and happen to recognize that there is somehow a more convenient way, please interpret it as "Shinto and Buddhist deities teaching that I was born in order to make it convenient" and accept it. If you can think "I am a human being born to accomplish something" you will certainly bequeath people something before you die. A person who recognize a more convenient way to improve the status quo but doesn't do anything for it, will finish with an insignificant life. When a problem or annoy springs up that gives us a chance to have the thinking that "The Heavens gave me the mission." The talent doesn't matter. If you think, "Something is wrong" in politics today, you could be a politician. It is just the matter whether you are earnest or not. In the Meiji Restoration, young men from the second half of teens to the first half of the 20th generation built the Meiji government, and moved the state. They were not specialists in politics and they did not need to be. The lower class samurai who did not understand politics but they had something springing up, so they thought task must be carried out no matter how difficult they are. This is important. For human capability, the learned power is not so significant but potential ability springs from their life is important. This potential ability is just the capability to respond to one's mission. The potential ability, which comes from the springing energy from the universe, is just the power to make you achieve something. It was because individuals who had no formal education, like Mr. Konosuke Matsushita or Mr. Soichiro Honda, worked according to the springing potential ability potential ability potential ability therefore had great accomplishments. The providence of the universe is working at the basis of the potential ability. A potential ability will not spring out to the human being who only uses what he or she has now but refuses its existence.

When you face a difficult situation but still stay on somehow and you do your best, the power that you did not have, now springs up! It is the structure where potential ability manifests itself. Until you drive yourself into the limit of the capability you have rationally now, potential ability does not spring up. Potential ability is not related to your present capability. Don't give up because you cannot reach your current capability, but by challenging problems one after another, potential ability springs up. Bigger problems cause more power to spring up. It is a part of the universal structures. A physically handicapped person who does not make use of hands can sew using a toe. Even what an ordinary person thinks impossible can be accomplished, if you challenge in the feeling that "It must be carried out in anyway." The potential ability would spring up and would make it possible. This is the structure of the human life. What comes out of a life is

the capability, which has been conserved through this and the life evolves and grows. Potential ability "is" latent in the human being's life. However, almost all human beings die without manifesting them. This is a very regrettable thing. In the life, the big power beyond your anticipation is included. The value of your life depends on how much you can manifest the potential ability accumulated in the life. A potential ability never comes out to the person who does what he or she can do by only using his current capability.

## **What the sense of incongruity to reality teaches**

It can also be said that a potential ability is the gush of wisdom. Urges, desires, interests, concerns, curiosities, troubles, pains, and problems springing out without reason from a life are teaching us what can be the true joy of the purpose of the life. That is to say, the universe, history and nature teaches us what the most joyful purpose of life is. Therefore, it is the most fulfilling to lead a life realizing it. Frankly responding to the desire and problem which spring up from a life, and trying hard to realize it by being helpful to many people according to the capability of the reason's objectivity and universality, you will be able to connect yourself to society or the world in order to make a mission. It makes maximum joy in the life that realizes the mission. By using reason for such a way, man can master a historical mission. Any human being has a given mission. "The sense of incongruity to reality" teach us. The mission given to you will be clarified when we know how the actual sense of incongruity is interpreted. For example, one of the big issues for humans today should be how to solve the handling of nuclear weapons or atomic power. Japanese people are very serious about the nuclear issue because Japan has experienced the atomic bombing twice. What meaning does the atomic bomb experience have for Japanese? If this is interpreted as "the Japanese race was made, for the sake of heaven, to experience nuclear misery in order to make a final answer to a nuclear issue" then Japanese people have a mission to sweep away the insecurity surrounding nuclear power and the uneasiness toward radiation. I think that it will become the repose of souls as a race that fall victim to the nuclear problem. The fear of immense energy being released by nuclear destruction and also processing nuclear waste are great concerns and issues for all. Unless we think about the issue, nuclear energy cannot become a truly safe and usable energy, and nuclear physics cannot be further developed. If we think Japanese people's mission is to solve these problems, then we will be able to contribute the world greatly. The Japanese government should appeal internationally, build a large research institute in Hiroshima or Nagasaki, invite nuclear scientists from the whole world, do research with which all mankind can use the nuclear in comfort, and should t make an effort to change atomic power into safe one. And we should study how to create the society where make nuclear weapons useless, by using technology.

Human Being's mission and destiny are defined by factual interpretation. When someone encountered the Great Hanshin Earthquake, interpreting and accepting it as chance, instead of thinking that your life was cursed makes your life completely different. Value of life would be decided whether you

would be able to accept it as the given. For example, sickness is teaching you that there will be some problem in somewhere in your view, mind, judgment, or ways of life. Everyone gets sick. You could have a wonderful life by accepting things in such ways. Don't forget that fate and the mission depend on your capability of decrypting and interpreting the facts. It cannot be overstated that the skill with which you interpret various phenomena springs up from a life, determines your value. Various interpretations can be performed. How much value any phenomenon begins to have is decided by your interpretation. Since the providence of the universe makes a phenomenon, nothing is useless. Even when you fail, it is important to consider that you were allowed to fail. The relation with the universe may break if you think that it failed. It is important to consider that you were allowed to fail in order to notice something.

Various phenomena are heaven's signs. Only people who can look at a phenomenon considering that everything gives them some missions can feel the true missions given to them. Not everyone is to do big work like Jesus or Shoin Yoshida. However, I think that we must consider more earnestly that any human being may get the way of life, as big as space size, if they consider man's way of life from the relation between "sensitivity and the universe." Since many potential ability beyond imagination are given to all human beings, you should live taking advantage of it. Therefore, it is required to decipher the phenomenon that happens around you, to fight against life's hardships. The way you decipher the code affects your potential to pull out the dormant faculty given to you from the universe. I think that challenging life toward such a possibility must also be considered.

## **Human Destiny**

The potential ability given from the universe is sleeping in man. By pulling out this potential ability, human beings can develop and evolve more. Confronting a reality where various problems pile up, someone may feel reconciliation but one must never give it up. Though human beings must be ruined sometime, still there are a lot of works remaining.

## **Humans will eventually be extinct**

By closely examining the major problem of the destruction of nature, you would surely come to say, "Keep nature." Since there is a possibility that the destruction of nature may progress as science develops more, you would likely make an appeal "Return to nature." Many people recite, "Return to nature" and "preserve the environment" from the view of Asian thought, such as Buddhism, Confucianism, and Taoism. However, this is counter movement, considering man's way of life has been built by the providence of Nature. Let's consider an environmental problem on a global scale. Is the earth troubled supposing human beings are ruined? No, it is not. The earth began from the state where there was no oxygen, and has seen various environments change. In it, a new life was produced repeatedly, and many seeds were exterminated, and the life followed the process of evolution. In the middle of the process of an uninterrupted life evolution, humans now stand a top by chance. You know when you reexamine the history of the

earth, organisms build an era, but they will perish; subsequently, another organism appears and also then has to build a new era. Making it such, the history of the earth has continued. It can be said that the life waiting for a change of environment where human beings are ruined now is somewhere biding its time. Considering that life evolved and the history of the earth is formed of such a structure, it can be said that only because of human-centered humanism that requires protection and love of Earth. One who considers the view of a human-centered principle will say "Don't destroy the environment" even if the earth itself becomes the environment that man ruined, but the Earth will not be troubled. Man's protecting the earth involves "having said the haughty thing" will be earth's viewpoint.

The history of human beings today is built by the humanity given from the universe. The technology is also built based on the providence of the universe. That is, civilization uses the technology made possible by the principles of the universe in order for man's potential ability to solve problems of the universe and problems made by the universe. Therefore, technological civilizations must also be referred to as having emerged based on the principles of the universe. We must not negatively correspond with technology in civilization just because it is right. You have to consider that the phenomenon of environmental destruction is also a necessary route that human beings must traverse.

However, human beings have made the potential ability manifest oneself by striking without fear various problems and solving the problems existing in the self, so human beings may keep the environment suitable for living, since humans must live. However, the day will come when humans use up potential ability. Problems, which cannot be solved by the power of man, may certainly appear and then man will be decline and be ruined. It is man's destiny built by the universe. Human beings must be ruined sometime. Lives are following their way of life; which involves the cause of ruin.

## **70% of potential ability still remains**

I have not said that a man may carry out with the destruction of nature without limits because man will be ruined sometimes in future. Though being ruined someday, allows for the extension of time as previously possible, mankind kept environment and has said that he must not carry out destruction of nature. However, do not have the simplistic negative mindset to science and technology. You would rather have to harness the power of science and technology, made from the principles of the universe, to pursue how to maintain an environment suitable for human beings to live for a long time, without the destruction of the natural environment. You should make your own potential ability to clarify in such way, to pursue for the environment where human beings can live easier. It is important to make the capability manifest oneself in order to go on rather than to throw away science and technology considering returning to a primitive age.

Still the time comes when the potential ability that can appear and solve problems stops emerging. When it becomes so, human beings' history will be finished and human beings will be ruined. However, you have nothing worry about because only 30 per cent of human beings' dormant faculty has been realized. No less than 70 per cent remains of the potential ability given to

human beings. This is basic knowledge for contemporary cerebrum physiology. It is said that human cerebrum tissue has 14 billion brain cells. Man is born with 14 billion brain cells, and it turns out that the brain cells do not increase after birth. The number of brain cells limits the boundary of the potential ability given to human beings. Based on the result of some research in cerebrum physiology, it has been postulated that human beings are now just using 30 percent of brain cells, and the remaining 70 percent being left behind is a possibility human beings' future. All the problems outflow in order to draw a potential ability. Human beings make problems by our current lifestyle, and the problems have no solution by present capabilities. Through overcoming these problems made by our own hands, and making an effort to solve them, the potential ability given to humans can manifest one after another, to create human history. Though the destruction of the environment and the nuclear issue are presently have been made difficult problems to solve, human beings still overcome them by making a potential ability manifest. And the history of human beings will still be formed from this point for thousands of years or tens of thousands of years on earth. Human beings have such kind of potential.

For that purpose, science should not be easily denied, but we should judge that problems are given so that human beings might pull out the potential ability given from the universe, and also should promote development of civilization. It is a man-like way of life, suitable for the human being built by the universe. Don't immediately think that environmental destruction or destruction-of-nature is negative. We have to gaze well at the history of life on earth. Evolution of life advances when human beings die out. Don't forget a life exists in the progress of evolution and it waits for the environment where human beings are extinguished. Human beings had also waited for the environment where human beings prosper. By repeating such ebbs and flows, life evolves.

For example, it is not true that higher forms of life cannot exist if they do not rely on breathing air. There are many life forms that can survive without breathing air. Especially bacteria survive in an environment beyond imagination. Some bacteria can survive even in the magma that has sprung from the bottom of the earth at a temperature of 6000 degrees Celsius. The existence of the life that is valid even in an environment at the temperature of 6000 degrees Celsius proves the great possibility that the life has.

Considering this fact, the environment where man can survive is just a fraction of the possibilities carrying out from life's potential. Many different lives prosper in many different environments. In that sense, human beings should have much more courage and should fight toward the future. What is necessary is to develop this science power much more than to just cope with the environmental problem, since we can have such wonderful science power. Doing in this way, we must build human beings' history with the view how far the dormant faculties which man has can all be manifested.

We live making potential ability manifest themselves, by building a history, and aggressively heading toward new problems, which arise. When the situation results in any potential ability not emerging, then human beings decline. However, it is important for us to adopt what we are good at. It is the principle of the universe. Living is continuing to overcome problems, which we encounter. Do not expect any problems to occur nor ask for the way

without problems. I mean that you must not refuse to grow up and evolve. During the life, there is no path where you do not encounter problems. Do not be afraid of problems. Problems generating and finding are just chances for growth and they teach the direction which the life should follow.

## **Make your life shine**

Being aware of a structural connection nature of the universe, you then should consider how to efficiently employ the relation between sensitivity and the universe in your life. Then, the energy, which has sprung from the universe, is set as the foundation of the way of life, and any human being can make a living, supported not only in human power but also in the power of something great. You should listen to the voice of sensitivity much more, and should value the thing that sprung without reason from the life. By carrying out the way of life, which originated from this process, you can start making your life wonderful. You can achieve this even if you are old enough. Even when old, vast energy, which might make you feel ageless, will spring if you wake up to relevance with the universe. I do hope that you experience it in your life. If you surely have something you really like to do, or really like to be, your life will be youth even if you are 80 years old. If you really have "I want to be like this, I will be like this", your life will never get old. The soul does not get old. Because the sensitivity does not get old, even your body gets old. In brain physiology, it is said that man's brain continues growing until 83 years old. It is said that a brain will form complicated nerve tissue and will continue growing to 83 years old if it is being given some moderate stimulus. It means that you can hold advanced human activity based on the energy springing from the life and the sensitivity, until 83 years old. In such a sense, I myself will try hard somehow to do some big task. I am only in my 50's and at the beginning stage as a philosopher. The 50's and 60's are the perfect time for a philosopher. A person's soul can continue growing through his life up to 83. In the meantime, I wish you would value the urge, the desire, the interest, the concern, the curiosity, the trouble, the pain, and the problem, which springs from this universe. It is the starting point to brighten your life. When you cannot have anything spring out, that is the end. Therefore, in order to build what springs from your life, you have to use reason as a measure. For that, you have reason, and the structure of man's life is built so. If you use reason to think about the meaning, the value, and the wonderfulness of things, then sensitivity, which feels the wonderfulness considered by reason, will grow. If the sensitivity feels the wonderfulness, the desire, the interest, and the concern will spring. I hope you live in the everlasting youth all your life, in such a configuration, making the interest, the concern and the curiosity spring continuously from life. I do hope all of you enjoy such a wonderful and shining life.